Risk Factors of Childhood Cancer in Armenia: A Case-Control Study

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List of Abbreviations

ALL Acute lymphoblastic leukemic

AUC Area under curve
BMI Body mass index
CI Confidence interval

CNS Central nervous system

DALY Disability adjusted life-years

DNA Deoxyribonucleic acid

HC Hematology Center

HIV The human immunodeficiency virus

IARC The International Agency for Research on Cancer

IRB Institutional review board

LMIC Low/middle income country

OR Odds ratio

PCBDCA Pediatric Cancer and Blood Disorders Center of Armenia

PNET Primitive neuroectodermal tumor

ROC Receiver operating characteristic

SD Standard deviation

SEER The Surveillance, Epidemiology, and End Results

SES Socioeconomic status

SPSS Statistical Package for the Social Sciences

TNF alfa Tumor necrosis factor-alfa

WHO World Health Organization

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Abstract

Background: Childhood cancer is a leading cause of death among children aged 0-19 years worldwide. Each year, 300,000 new cases of childhood cancer are diagnosed around the world. Given the differences between pediatric cancer incidence rates, types, and trends in different countries, it is important to conduct studies to find country-specific risk factors of this disease. To our knowledge, so far, no studies were conducted exploring factors associated with childhood cancer in Armenia.

Aim: The aim of this study was to identify possible risk factors for childhood cancer in Armenia.

Methods: The study used a case-control study design. The study setting was the only specialized pediatric hematology and oncology center in Armenia, located at the Hematology Center in Yerevan. The cases were patients of this center aged 14 years or younger, diagnosed with malignant disease. The controls were patients of the same center, but diagnosed with non-malignant disease. Data were collected from the hospital registry and followed with telephone interviews with mothers of the participants. The study instrument was developed and pretested prior to the data collection. The main domains of the questionnaire were: family sociodemographic characteristics, parental demographics, child health, pregnancy-related factors, and family environmental exposures. The analysis included descriptive, then simple and multiple logistic regression analyses to fit a model of risk factors of childhood cancer among the study population.

Results: Overall, 234 participants (117 cases, 117 controls) were included in the study. The study identified that maternal usage of folic acid during pregnancy was protective against childhood cancer. Children born with these mothers had almost two times lower odds of developing cancer (OR=0.54; 95% CI: 0.31-0.94). On the contrary, experiencing horrifying/terrifying event(s) during pregnancy (OR=2.19; 95% CI: 1.18-4.07) and having induced abortions before getting pregnant with the given child (OR=2.94; 95% CI: 1.45-5.96) were associated with two-three-fold higher odds for a child to develop cancer.

Conclusion: This study identified three important modifiable risk factors for childhood cancer in Armenia, all related to the period of pregnancy. These findings are consistent with the literature and indicate the need for improved pregnancy care, including education of reproductive age women and their family members on the importance of stress reduction during pregnancy, avoidance of induced abortions via practicing safe birth control methods and using folic acid prior to conception and during pregnancy.

1. Introduction

1.1 Background: Childhood or pediatric cancer is a very rare condition among children. Still, it is the major cause of death among children 0-19 years old worldwide. Each year, approximately 300,000 new cases of pediatric cancer are diagnosed around the world. The most common three types of pediatric cancers are leukemias, brain tumors, and lymphomas. Leukemia is a malignant transformation of bone marrow and blood, and is the most common type of cancer, constituting approximately 28-30% of all pediatric cancers. The second most common cancers are central nervous system tumors, constituting up to 26% of all pediatric cancers. Lymphomas are in the third place; these cancers start and develop in lymph system but can involve the bone marrow or other organs during the progression. 4,5

1.2 Disease burden: Childhood cancer incidence rates vary between 50-200 per million worldwide; these represent 0.5-4.6% of all cancers according to the World Health Organization (WHO).⁶ The data collected from registries worldwide during 2001-2010 years show incidence rates of cancer in children aged 0-19 years to constitute 155.8 per million person-years.³ The latest reviews showed that pediatric cancer rates have slightly increased during the last decades. At the same time, the disease became more controlled, and the survival has been improved; the survival rate is roughly 80% at 5 years, compared with a 58% survival rate in the 1970s.^{7,8} According to the report of the Surveillance, Epidemiology, and End Results (SEER) Program, on 1st January, 2015, there were 269,336 (estimated prevalence) children and young adults (0.34% of the 0-19 years old population) in the United States who had ever been diagnosed with malignant disease.⁹ Global estimate for the number of new childhood cancer cases is projected to increase from 12.7 million in 2008 to up to 22.2 million in 2030.¹⁰

There are considerable differences in pediatric cancer incidence rates, cancer types, and clinical features between high-income countries and low/middle-income countries (LMICs).

Most probably, these differences are attributable to the different environmental, behavioral, genetic, and hygienic factors and early or delayed exposures to infections in these countries.^{2,11} These differences dictate the necessity of country-specific investigation of factors related to the incidence of pediatric cancer.¹² The incidence rates are underestimated in LMICs because of underdiagnosis, the lack of population-based cancer registries, and registration. Approximately 80% of newly diagnosed patients with pediatric cancer live in LMICs. However, one should consider that more than 30% of the population in those countries are children.¹³ Pediatric cancer incidence demonstrates higher increasing trends in LMICs compared with high-income countries.³ Estimation of the burden of pediatric cancer in disability-adjusted life-years (DALYs) showed that approximately 80% of DALYs lost from cancer are in LMICs, at the same time more than 75%¹⁴ of the world population lives there, and for cancer care, they have only approximately 5% of the global resources.¹¹ The cure rates of pediatric cancer differ as well, in high-income countries the cure rate is approximately 80%, but in some LMICs, it is only 20%.¹⁵

1.3 Risk Factors

1.3.1 Demographic factors

The risk factors that may cause or contribute to the occurrence of childhood cancer conditionally could be divided into demographic (age, sex, ethnicity), environmental/extrinsic, intrinsic (birth weight, maternal age, etc.) and genetic factors. ^{16,17} In terms of age, the highest rates of childhood cancer are reported among infants and 15-19-year-old individuals. ¹⁸ The prevalence of childhood cancer among males is slightly higher. For neuroblastomas and germ cell tumors, the male/female ratio ranges between 1.04 and 1.64. However, some cancer types (e.g., Wilms tumor) are more common among girls. ¹⁹ There are differences in childhood cancer risk between different races. ¹⁹ The incidence of most types of cancer is relatively higher among whites compared with blacks or Hispanics. On the other

hand, Hispanic children have a slightly higher incidence rate for acute lymphoblastic leukemia (ALL) than white children. Some types of cancer are completely absent in some races (e.g. Ewing sarcoma among blacks). These differences could be explained by both genetic and environmental factors and by the interactions between these factors.¹⁹

1.3.2 Environmental factors

Environmental or extrinsic factors influence the child's body from outside. For example, there is a well-established, supportive data confirming that ionizing radiation and prior chemotherapy contribute to pediatric cancers. 16,17,19 Chemotherapies conducted by alkylated agents and topoisomerase inhibitors for treating leukemias, lymphomas, or sarcomas have been elucidated as causal factors for the development of secondary cancers among children. These chemotherapeutic agents cause direct DNA damage in both malignant and normal cells of the host at the same time. 20,21 The potential maternal risk factors should be divided into exposures prior to pregnancy, during pregnancy, and child's exposure after birth. A number of meta-analyses and case-control studies were conducted to find associations between diverse exposures and pediatric cancer; the results are conflicting, which might be because of inherent weaknesses and biases of the conducted studies (recall bias and selection bias). Because of these limitations, finding a causal relationship between possible risk factors and childhood cancer is quite difficult. 16

Nevertheless, some studies show a strong association between pesticide exposure and acute lymphoblastic leukemia (ALL),²² weak associations between coffee consumption during pregnancy and ALL,²³ as well as perinatally performed X-ray, parental marijuana and cocaine usage and childhood rhabdomyosarcoma. Maternal usage of marijuana has been found to be associated with 11 times higher risk of having a child with acute myeloblastic leukemia (AML).²⁴ The previous history of miscarriages dramatically increases the risk for ALL^{24,25,26} and induced abortions - for neuroblastoma.²⁷ A meta-analysis has identified

protective effects of perigestational maternal folic acid supplementation,²⁸ day care in infancy²⁹ and breastfeeding^{30,31} for ALL, as well as vegetable, fruit and multivitamin usage during the first trimester of pregnancy for primitive neuroectodermal tumors (PNET) in the offspring.^{24,32} Maternal antenatal stress was suggested to be associated with certain malignancies among the offspring.³³ According to a population-based case-control study, parental occupation (agricultural worker, electrician, driver, mechanic) could be associated with increased risk of childhood brain tumors.³⁴ Other environmental risk factors include maternal and paternal smoking ^{35,36} and alcohol usage,³⁷ which are associated with slightly increased risk for ALL and neuroblastoma.

The International Agency for Research on Cancer (IARC) has classified agents into four groups: Group 1-Carcinogenic to human (120 agents, e.g., alcoholic beverages, Epstein-Barr virus, Haematite mining, Hepatitis B virus, tobacco smoke, second-hand smoke exposure, wood dust, tamoxifen and so on), Group 2A-Probably carcinogenic to humans (83 agents, e.g., lead compounds (inorganic), malaria, non-arsenical insecticides, petroleum refining, red meat. etc.), Group 2B-Possibly carcinogenic to humans (314 agents, magnetic fields (extremely low-frequency), printing processes, pickled vegetables. etc.), Group 3-Not classifiable as to its carcinogenicity to human (500 agents, e.g., paint manufacture, rock (stone) wool, slag wool, acetaminophen, phenol and so on). 38, 39

Several chronic infections (HIV, Epstein-Barr) have a causal effect on oncogenesis.⁴⁰ These and other infections, which increase the chances of childhood cancer have major relevance in LMICs.^{2,19}

1.3.3 Intrinsic factors

Inherent factors that are not influenced by outside are intrinsic factors. Several studies found linear associations with high birth weight and leukemia, primary brain tumor, soft tissue sarcoma and neuroblastoma. 16,19,41–44 The reasons behind the relation between birth

weight and pediatric cancer are not fully investigated, but there are several hypothesis, such as the role of insulin-like growth hormone,⁴¹ fetal and maternal genetic factors,¹⁷ and more cells under the risk to become malignant.⁴⁵ The risk of hepatoblastoma is inversely correlated with very low birth weight.^{16,46,47} Advanced parental age increases the risks for several health-related problems, including cancer. A large pooled analysis found that older maternal age has a positive linear relationship with the most common types of childhood cancers (leukemia, lymphoma, brain tumors, Wilms tumor, and sarcomas) and with each 5 years of maternal age increase, the risks are increased by 6-15%.⁴⁸ The risk for ALL was demonstrated to be greater among children of older parents.^{48–50}

1.3.4 Genetic factors

The direct causes for childhood cancer are not fully identified yet, and the majority of the identified risk factors influence on genes, causing de novo mutations, which have their unique, determined place on cancer pathogenesis. ¹⁶ The role of different known risk factors (environmental, genetic) in oncogenesis is approximately 5-10% among children, and a huge part of contributing factors are still unknown. ¹⁹ Hereditary basis has been identified for only up to 5% of pediatric cancers. Approximately 37% of retinoblastomas and 7% of Wilms' tumors are hereditary. ⁵¹ There are several syndromes which are predisposing to childhood cancer, e.g., Ataxia-telangiectasia to ALL and lymphoma, ⁵² Down syndrome to ALL (20-fold increased risk), ⁵³ Fanconi anemia to AML, ⁵⁴ Li-Fraumeni syndrome to soft tissue sarcomas, ⁵⁵ and WAGR syndrome to Wilms' tumors. ⁵⁶

Linet et al.⁵⁷ suggested a classification of pediatric cancer risk factors. They separated above mentioned risk factors into three categories: known, suggestive, and limited. Known factors include genetic/congenital disorders (familial neoplastic syndromes, various genetic syndromes, chromosomal alterations)⁵⁸, age, ethnics, gender, and several environmental factors such as irradiation, prior chemotherapy, and infections. Suggestive factors include a

family history of cancer, reproductive factors (maternal age, prior miscarriage, preterm birth), and some other environmental factors (residential pesticides, alcohol, cured meats, or the protective effects by fruits and vegetables)⁵⁹. Limited factors include some environmental factors: influences of war, disasters, child care, magnetic fields, paternal smoking, parental occupational exposure).

Given the described uncertainty, further large-scale studies are required to explain potential genome-environment interactions that cause pediatric cancers.

1.4 Situation in Armenia

According to the report of the National Institute of Health in Armenia, there were 684 total cases of newly diagnosed childhood cancers between 2008-2018 among patients less than 18 years old (Figure 1). According to the data of January 1, 2018, there were 35 children newly diagnosed with cancer (in 2017) out of 595,800 children aged 0-14 living in the Republic of Armenia (17 boys and 18 girls), and the number of those children living with cancer was 178. At the same time, 19 out of 165,200 adolescents aged 15-19 were newly diagnosed with malignant neoplasms (16 boys and 3 girls).

After the establishment of the Pediatric Cancer and Blood Disorders Center of Armenia (PCBDCA) in the Hematology Center (HC) after Prof. Yeolyan in February 2019, the majority of pediatric cancer patients in Armenia get their treatment there, as this is the only center which provides comprehensive diagnostic, treatment and follow-up services for children with oncological and hematological malignancies.⁶⁰

1.5 Rationale for the current study

As the cancer rates are increasing worldwide ^{61,62} and the reasons for increasing incidence rates are still not fully discovered, research is required to further explore the factors affecting childhood cancer development.^{2,19} Discovering the possible risk factors of pediatric cancer is imperative for making progress in the development of preventative strategies. Given

the differences between pediatric cancer incidence rates, types and trends in different countries, it is important to conduct studies to find country-specific risk factors of this disease. To our knowledge, so far, no studies were conducted exploring factors associated with childhood cancer in Armenia.

1.6 Aim of the study and research questions

The aim of this study was to identify possible risk factors for childhood cancer in Armenia.

The research questions were the following:

- What are the potential demographic, environmental, or intrinsic risk factors associated with childhood cancer in Armenia? (primary)
- Is there an association between passive smoking in children and childhood cancer in Armenia? (secondary)

2. Methods

2.1 Study Design

A case-control study was utilized to address the research questions. This design is convenient for comparing multiple exposures and rare diseases within a short-time period. Furthermore, this research method is relatively inexpensive and quick. Finally, the design gives the opportunity to examine multiple potential risk factors at the same time.

2.2 Study Setting

The study was conducted in the HC, Yerevan, Armenia. The rationale for choosing HC is that it is the only specialized hospital in Armenia, which provides comprehensive diagnostic and curative services for patients with blood system diseases, and the only center in Armenia where children with solid and hematologic malignancies get comprehensive care is located there.⁶³

2.3 Study Participants

The target population for the study was children diagnosed with cancer in Armenia. The study population was patients aged 14 and less years, who was recently diagnosed with pediatric cancer and/or received treatment at the PCBDCA.

Cases included patients aged 14 years and less, diagnosed with a malignant disease at the PCBDCA in 2017-2020, permanently living in Armenia, and alive during the time of the survey.

Controls were patients aged 14 years and less, diagnosed with a not malignant disease at the PCBDCA during the years 2017-2020, and permanently living in Armenia.

Mothers were chosen as key informants, and the rationale for choosing them was mainly explained by the need to gather information about exposures to potential risk factors before and during pregnancy and delivery, as the mothers are better aware of that.

Exclusion criteria were the absence of contact information with patient's mother or her inability to speak in Armenian.

2.4 Sample Size Calculation

The formula for the sample size to test the difference in proportions was used for sample size calculation. The sample size was calculated with the level of significance of 0.05 and the power of 80%. According to a large-scale case-control study conducted in Northern California, the proportion of children exposed to cigarette smoke both prenatally and after birth due to parental smoking was 15% among cases with ALL and 9% among controls.⁶⁴ We took these proportions and the detectable effect difference of 12%, which gave a total sample size of 230 or 115 in each group.

$$n = \frac{(Z_{\overline{2}}^{\alpha}\sqrt{2\overline{p}\overline{q}} + Z\beta\sqrt{p_1q_1 + p_2q_2})^2}{\Delta^2}$$

Power=80%, Z_{β} =0.84 (standard normal variate for power),

 α =0.05, $Z_{\alpha 2}$ =1.96 (standard normal variate for level of significance),

 \bar{p} =average proportion of exposed, measure of variability

 \bar{q} = average proportion of unexposed

p1 - p2=effect size or different in proportions expected

 $P_{case\ exp} = 15\%$ (based on literature)

 $P_{\text{control } exp} = 9\%$

Effect difference=12%

$$n = \frac{(Z_{2}^{\frac{\alpha}{2}}\sqrt{2\overline{p}\overline{q}} + Z\beta\sqrt{p1q1 + p2q2})^{2}}{\Delta^{2}} = \frac{(1.96\sqrt{2*0.12*0.88} + 0.84\sqrt{0.15*0.85 + 0.09*0.91})^{2}}{0.12^{2}} = \frac{(0.9 + 0.3844)^{2}}{0.14^{2}} = \frac{1.65}{0.12^{2}}$$

=115 (in each group)

Therefore, n=230 (115 cases, 115 controls)

2.5 Data Collection

The student investigator conducted the extraction of sample of recently diagnosed patients from the hospital's registry database, after getting permission from the HC's administration.

All children aged 14 years or less with malignant (cases) or benign (controls) diseases, who, based on the PCBDCA's database, were diagnosed or got a care in the PCBDCA during 2017-2020, formed the sampling frame of the study.

The student investigator gathered cases from the hospital's registry. Cases meeting the eligibility criteria were selected. Due to the limited number of cases, a census of children meeting the inclusion criteria for cases was conducted. Overall, 189 cases were identified.

Controls were selected from the same HC as the cases, among those children who utilized inpatient or outpatient services of the center within the selected period for other than

cancer conditions. Overall, 212 eligible controls were selected, which was a census of eligible controls for the period of October 2017 through March 2020.

For both cases and controls, the information about child's ID, age, diagnosis and the year of diagnosis (clinical data) was extracted in the Medical Record Review Form (Appendix 1) and the identifiable data and contact information was recorded separately in the Journal form (Appendix 2). The latter was also used to calculate the response rate. All the contacted participants were presented with the oral consent form (Appendix 3). All the phone interviews were carried out by trained interviewers, after assuring the eligibility of the child.

In case of any missing data in the medical record/chart, the information was filled during the telephone interview.

The telephone interviews were conducted with the mothers of eligible cases and controls. Three attempts were made to contact each mother. The student-investigator and six trained interviewers worked in parallel and completed the data collection during the period of 17-29 of March, 2020.

2.6 Study Instrument

The study questionnaire (Appendix 4) was developed based on literature review and similar studies conducted in other countries and adapted based on local specificities. 9,17,46,66,67 The structured questionnaire included 62 items combined in 5 main domains of potential risk factors:

- 1. <u>Family sociodemographic characteristics</u>, which included residency (marzes), residential status (city, village or other, living borderline), family size, general standards of living, and average monthly spending of the family.
- 2. <u>Parental demographics</u>: age, education, and occupation of parents, family status (nuclear, extended, divorced), smoking and drinking habits of the family, child exposure to

second-hand smoke, child relative with cancer (siblings, parents, grandparents, and siblings of parents), and the blood ties among parents or grandparents.

- 3. <u>Child health</u>: birth weight, birth anomalies, birth order, childhood infections, chronic diseases, X-ray exposure.
- 4. <u>Pregnancy characteristics</u>: mode of delivery (vaginal delivery, caesarian section), BMI before getting pregnant, breastfeeding, consumption of folic acid, caffeine consumption, alcohol usage, exposure to ultrasound or X-ray, any illness and any antibiotic usage during pregnancy, use of contraceptive, history of miscarriages or abortions, information about mother's trauma-induced stress, smoking, and second-hand smoke exposure.
- 5. Environmental factors: the source of water (tap, bottled, filtered, well water), the presence of backyard/garden and the use of any pesticides/herbicides there, the year the house was constructed (a proxy for asbestos exposure), the mode of house heating, residential proximity to the chemical industry and mining.

The questionnaire was pre-tested among three mothers of 0-14 years old children before its utilization in the actual study. Based on the feedback from these interviews, appropriate changes were made in the questionnaire.

2.7 Study Variables

The dependent variable (outcome) in this study was the presence or absence of malignancy in a child aged 0-14 years based on the confirmed diagnosis in the medical records.

<u>Independent variables</u> were potential risk factors of childhood cancer, including child's demographic characteristics (age, sex, residency, diagnosis), family sociodemographic characteristics (residential status, family size, general living standards and income), parental characteristics (age, education, employment, marital status, alcohol usage, smoking status, relatives with cancer), child's health (birth weight, birth order, birth defects, any acute

infection during infancy, any chronic diseases, X-ray exposure), pregnancy related factors (gestation age and mode of the delivery, BMI before getting pregnant, breastfeeding, folic acid usage, coffee drinking, alcohol usage, any illness, antibiotics usage, number of X-ray and ultrasound examinations during the pregnancy, oral contraceptives, miscarriages, abortions before the pregnancy, horrifying/terrifying events during the pregnancy, smoking and second hand smoke exposure during pregnancy) and family environmental exposures (the source of drinking water, pesticide usage, the year the house was constructed, the mode of house heating, chemical industry or mining dump within 10km of the house).

2.8 Statistical Analysis

The data entry and analysis were performed using IBM SPSS 23 and Stata/SE 13.0 software. Single data entry with subsequent cleaning and logic and range checking was used.

The characteristics of cases and controls were summarized using descriptive statistics. For categorical variables, counts and percentages were calculated; means and standard deviations were used to describe continuous variables. For comparing continuous variables between cases and controls, the t-test and for categorical variables, the Chi-square test was used. Simple, then multiple logistic regression analyses were conducted between the risk factors and the outcome of cancer status to determine the direction and strength of the detected associations while controlling for the other independent variables. All the variables with p values less than 0.25 during univariate analysis and all the available potential risk factors of childhood cancer known from the literature were further tested in the multivariable analysis to find independent risk factors of childhood cancer among the selected sample. Subsequently, all the variables that lost their significance after controlling for other variables in the model were excluded. The model fit was tested using the Hosmer – Lemeshow goodness of fit test (calibration) and the area under the receiver operating characteristic (ROC) curve (discrimination). Additionally, the association between child's second-hand

smoking and cancer status was examined in multivariable logistic regression analysis after controlling for the identified confounders (variables significantly associated with both cancer status and second-hand smoke exposure in the univariate analyses).

2.9 Ethical Considerations

The AUA Institutional Review Board within the School of Public Health at the American University of Armenia reviewed and approved the study protocol. Permission was obtained from the HC's and PCBDCA's head managers in order to conduct data extraction. Oral consent form (Appendix 3) was used to explain the study participants the aim of the study, their rights to refuse or quit the participation whenever they want as well as to assure them about their anonymous participation and data confidentiality. The paper journal forms (Appendix 2) that included all the identifiable information of participants were kept separate from the questionnaires, and medical record review forms to avoid disclosure and were destroyed after finishing the data checking and cleaning. All participants were provided with AUA CHSR telephone numbers in case of study-related concerns or other questions.

3. Results

3.1 Response Rate

We planned to include 115 participants in each group. Based on the list of potentially eligible patients from the Hematology Center after prof. Yeolyan, a total of 189 eligible patients were identified for cases, and 212 eligible patients for controls (Figure 2). However, we could not contact 68 subjects from cases and 78 from controls due to various reasons (incorrect phone number, mother was not available at the time of data collection, no response, being out of the country or non-existing telephone number). Out of 121 contacted cases, completed interviews were obtained from 117 mothers, and four mothers refused to participate. Of the 134 contacted controls, interviews were conducted with 117 mothers, and

17 mothers refused to participate. Hence, the refusal rate was 3.3% among cases and 12.7% among controls. Overall, the response rate was 61.9% for the cases and 55.2% for the controls. With this sample size, the study power for identifying a 12% difference in proportions of independent variables between cases and controls was 0.80.

3.2 Descriptive Statistics

The following frequency of conditions was observed among the study sample. Of the cases, 42.7% (n=50) were diagnosed with acute lymphoblastic leukemia, 16.2% (n=19) with lymphoma, 9.4% (n=11) with different types of sarcoma, 7.7% (n=9) with central nervous system (CNS) and Wilms tumors, 2.6% (n=3) with germ cell tumor, 1.7% (n=2) with histiocytosis and aplastic anemia, and per one case (0.9% each) with hepatoblastoma and retinoblastoma. Of the controls, 32.5% (n=38) were diagnosed with thrombocytopenia, 20.5% (n=24) with hemolytic anemia, 18.8% (n=22) with other anemia (B12 or iron deficiency or combined), 9.4% (n=11) with hemorrhagic vasculitis, 5.1% (n=6) with lymphadenopathy, 4.3% (n=5) with coagulopathy, 3.4% (n=4) with hemophilia, 1.7% (n=2) with splenomegaly, and per one child (0.85% each) with atopic dermatitis, leukemoid reaction, leukopenia, spherocytosis and thromboembolism of pulmonary artery.

The descriptive statistics on family sociodemographic characteristics, parental demographics, child health, pregnancy-related factors and family environmental exposures for the total sample and separately for the cases and controls are presented in Tables 1a-e.

The geographical distribution of cases and controls was significantly different in the Artsakh Republic and marginally different in Gegharkunik marz. From both areas, there were more cases than controls.

A higher proportion of cases than controls were living borderline (Table 1-a). The mean age of children was 7.1 (SD 3.79) years for the cases and 5.3 (SD 3.52) years for the controls.

There were more males than females in both groups: about 57.3% (n=67) of cases and 62.4% (n=73) of controls were males (Table1-b).

A statistically significant difference was detected between cases and control regarding their mother's taking folic acid during pregnancy, with a lower proportion of mothers of cases than controls taking it (38.3% versus 53.4%, p<0.01, Table 1-c). Compared with mothers of controls, a significantly higher proportion of mothers of cases had induced abortions before getting pregnant with the given child. Also, compared to mothers of controls, a significantly higher proportion of mothers of cases reported experiencing a highly stressful event(s) during the pregnancy. Exposure to X-ray during the pregnancy was very low in both groups (none of the mothers of cases and six of the mothers of controls), but still significantly higher among mothers of controls (Table 1-c). There were a number of marginally significant differences (0.05\(\perp\)\(0.1\)) between cases and controls, including a higher proportion of cases having a family member diagnosed with cancer and mother using alcohol-containing drinks (Table 1-d). A marginally higher proportion of cases than controls reported child's presence during pesticide/herbicide sprays and child's eating fruits without washing under running water, while a marginally higher proportion of controls reported living within 10 km from mining dumps (Table 1-e). Other variables were not different between cases and controls.

Based on the data of HC (which includes all the diagnosed CC cases in the center from March 2017 through March 2020, regardless of their survival status), we calculated three year incidence rate of cancer per 100 000 0-14 years old population for each marz. The latter is presented in Figure 3, which demonstrates the highest childhood cancer incidence rate in Vayots Dzor marz (42.1), followed by Artsakh republic (31.6) and Tavush marz (32.5).

3.3 Simple Logistic Regression Analysis

Table 2 presents the results of simple logistic regression analysis to assess crude associations between childhood cancer and each independent variable. The estimated crude OR of the association between the folic acid intake before/during pregnancy and having a child with cancer was 0.54 (95% CI: 0.32-0.91), showing folic acid having a protective effect. Experiencing horrifying/terrifying events during the pregnancy was associated with higher odds of having a child with cancer with a crude OR of 2.46 (95% CI: 1.37-4.44). Having any induced abortion before getting pregnant with the given child (OR=3.19 95% CI: 1.6-6.35) was significantly associated with the child's cancer status. Conversely, the number of induced abortions before getting pregnant with the given child was associated with lower odds of having a child with cancer (OR=0.70; 95% CI: 0.43-0.56).

3.4 Multiple Logistic Regression Analysis

The next step in the analysis was looking at the association between cancer status and child's second-hand smoke exposure controlled for confounders. There was no statistically significant association detected among cancer status and child's second-hand smoke exposure (OR=1.41 95% CI: 0.84-2.36; p=0.19) during univariate analysis. Furthermore, the confounder analysis showed that there were no variables significantly associated with both cancer status and second-hand smoking. As folic acid usage during pregnancy was significantly associated with child's cancer status and marginally significantly with child's second-hand smoke exposure, this variable was included in the multivariable analysis between cancer status and second-hand smoke exposure as a possible confounder of that association (Table 2.2). Nevertheless, the results did not indicate a significant relationship between cancer status and second-hand smoke exposure after adjusting for this confounder.

As the final step, a logistic regression model was fitted with the outcome of childhood cancer status to identify the independent risk factors of cancer (Table 3). The p-value of the

Hosmer-Lemeshow goodness-of-fit test of the final model was 0.615, indicating a good fit (acceptable level of calibration) and AUC ROC=0.699 (Figure 4). The final model contained the following set of independent determinants of childhood cancer status: folic acid usage during pregnancy (OR=0.54; 95% CI: 0.31-0.94; p=0.030), having induced abortions before getting pregnant (OR=2.94; 95% CI: 1.45-5.96; p=0.003), experiencing horrifying/terrifying events during the pregnancy (OR=2.19; 95% CI: 1.18-4.07; p=0.013) and having a family member diagnosed with cancer (OR=1.71; 95% CI: 0.93-3.18; p=0.085).

According to these, mother's taking folic acid during pregnancy was associated with 46% lower odds of having a child with cancer compared to not taking folic acid during pregnancy. The history of induced abortions before getting pregnant with the given child was associated with 2.94 times higher odds for the child to develop cancer. Also, the odds of developing cancer among those children with mothers who experienced horrifying/terrifying event during the pregnancy was 2.19 (95% CI: 1.18-4.07) times the odds of developing cancer among those children with mothers reporting no history of horrifying/terrifying event during the pregnancy.

4. Discussion

4.1 Main Findings

As there was no data about childhood cancer risk factors investigated in the country, the current study aimed to reveal independent risk factors of childhood cancer among children aged 0-14 years old in Armenia and identify whether there was an association between child's exposure to second-hand smoke and childhood cancer in Armenia.

Our finding on the protective effect of maternal folic acid usage before and during pregnancy on the risk of development of childhood cancer is consistent with the literature, as many studies found that taking folic acid before and during pregnancy was significantly

inversely associated with the cancer risk (leukemia, brain tumor) in a child.^{28,59,68–70,71} And, several studies from the United States and Canada recorded a decrease of childhood cancer incidence (neuroblastoma, Wilms tumor, and PNETs) after folic acid fortification.^{72–74} The folate is considered as an essential nutrient for the cell multiplication (as a coenzyme for DNA synthesis) and cell homeostasis (metabolism and regeneration).⁷⁵ According to WHO standards for maternal and neonatal care, mothers should start taking 400 µg folic acid daily two months before getting pregnant and take until 12 weeks of pregnancy.⁷⁶

According to our study findings, the history of induced abortions before pregnancy increases the risk of childhood cancer threefold. There are studies indicating that the past history of induced abortions is associated with cancer in children (leukemia, neuroblastoma, soft tissue sarcoma) without specifying the number of abortions.^{27,77–79} However, some studies report a lack of such association or not significant associations.^{80–82} A research conducted by Children's Cancer Group and the Pediatric Oncology Group identified two times higher risk of neuroblastoma in a child, whose mother has a history of two or more previous induced abortions.²⁷

This study confirmed that the history of maternal trauma-induced stress during pregnancy is a risk factor for developing childhood cancer in the offspring. This finding was consistent with a population-based cohort study conducted in Denmark and Sweden about stressful events during pregnancy and increased risks of childhood cancer development. This cohort study included 39,002 children; whose mothers had psychological stress (parental death) during pregnancy. The study detected an increased risk for the offspring for leukemia (standardized incidence ratio (SIR), 1.49; P=0.004), testicular cancer (SIR, 1.80; P=0.02) and colon cancer (SIR, 3.95; P=0.003) before the age of 15 years.⁸³ There are several other studies, both clinical³³ and preclinical,⁸⁴ indicating the role of the stress during pregnancy and increased risk for childhood cancer. There is a proposed hypothesis of a model of interaction

between stress and carcinogenesis. Stress is associated with the growing production of cytokines (interleukin 1,6 (IL-1,6) and tumor necrosis factor-alfa (TNF alfa)), as well as reduction of the natural killer cell activity and down regulation of its activator. The mechanism behind the carcinogenesis is considered to be the mediated inhibition of the enzyme, which initiates activation of the cancerous cells to get under immune surveillance, and after the inhibition of the enzyme the newly generated malignant cells would continue growing without being checked by the immune system.⁸⁴

Above mentioned mechanisms could underlay the findings of a cohort study conducted in Israel, which observed higher cancer incidence (for leukemia, lymphoma, and melanoma) among bereaved Jewish people.⁸⁵ In addition, there was anecdotal information from physicians about the increase of childhood cancer rates among the earthquake survivors in the earthquake area in Armenia.

This study failed to identify significant associations between child's second handsmoking and childhood cancer or other well-known environmental exposures confirmed as risk factors for childhood cancer, such as pesticides, chemicals, radiation, or others. The underlying reason for missing these associations could be the small size of the studied sample.

4.2 Strengths of The Study

To our knowledge, this is the first study conducted to investigate risk factors of childhood cancer in Armenia among 0-14 years old population.

Both cases and controls have been identified from the same data sources, which helps to reduce the selection bias as the participants were coming from the same base population with equal chances of having the exposure.

Both cases and controls were selected from the same hospital, which is the only place in the county where patients with hematologic and oncologic diseases can get specialized diagnosis and treatment. This means that patients represent the entire country and contributes to the reduction of the selection bias, leading to more generalizable results.

To minimize the recall bias, participants were selected, giving preference to the recently diagnosed patients.

4.3 Study Limitations

The telephone interviews were conducted by six trained interviewers; they were aware of the participant's case and control status, and the interviewer bias was a threat, which could lead to inconsistency.

The other potential limitation of the current study could be recall bias due to the long interval between the onset of the child's disease and the interview. Also, cases might remember events, which participants in the control group might disregard. Additionally, social desirability bias was a potential threat to the study.

Patients with missing contact information could differ from the participants with the contact information available, and it is not clear how that difference, if existing, could alter the study findings.

Twenty-three patients diagnosed with cancer in the HC during the same period (2017-2020) who did not survive by the time of the study were excluded from the survey because of ethical considerations of conducting interviews with their mothers. This could have influenced the study findings if the non-survivors were different from the study cases. However, the analysis of the available characteristics of the non-survivors demonstrated that they did not differ from the survivors in terms of age, sex, residency, and the cancer type (except lymphoma, which was much less diagnosed among the non-survivors).

The inclusion of participants with different types of cancer as cases is another limitation of this study, as there are cancer-specific risk factors, which cannot be identified with this approach.

5. Recommendations

According to our findings, children with mothers who did not take folic acid during pregnancy were at higher risk of developing childhood cancer, thus, preventative interventions should focus on the education of future mothers on this issue. Folic acid supplementation before and during pregnancy is currently recommended by WHO and the MoH of Armenia to prevent birth defects of the brain and spine (neural tube defects). Based on our study findings, it is protective against childhood cancer as well. Therefore, all women should be advised by primary care physicians and/or gynecologists to consume the recommended dosage of folic acid before conception and during pregnancy. In addition, there is a need to increase awareness among women about the importance of using safe and effective methods of birth control and family planning to avoid induced abortions. Education of reproductive age women and their family members on the importance of stress reduction during pregnancy is another important area for improvement.

Further larger-scale studies are recommended to conduct to find other potential risk factors of childhood cancer that this study could not reveal given its limited power. Also, it would be worthwhile to conduct studies among patients with the same type of childhood cancer in order to detect childhood cancer-specific risk factors.

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Tables

Table 1-a. Family sociodemographic characteristics

Characteristics	Cases	Controls	Total
	n = 117	n = 117	n = 234
Marz distribution, %(n)			
Yerevan	29.1 (34)	38.5 (45)	33.8 (79)
Aragatsotn	6.0 (7)	2.6(3)	4.3 (10)
Ararat	6.0 (7)	9.4 (11)	7.7 (18)
Armavir	9.4 (11)	11.1 (13)	10.3 (24)
Gegharkunik*	9.4 (11)	3.4 (4)	6.4 (15)
Kotayk	7.7 (9)	10.3 (12)	9.0 (21)
Lori	6.0 (7)	6.0 (7)	6.0 (14)
Shirak	6.8 (8)	6.8 (8)	6.8 (16)
Syunik	2.6(3)	5.1 (6)	3.8 (9)
Tavush	4.3 (5)	4.3 (5)	4.3 (10)
Vayots Dzor	3.4 (4)	1.7(2)	2.6 (6)
Artsakh**	7.7 (9)	0.9(1)	4.3 (10)
Javakhq	1.7 (2)	0.0(0)	0.9(2)
Place of residence, %(n)			
City	65.8 (77)	67.5 (79)	66.7 (156)
Village	34.2 (40)	32.5 (38)	33.3 (78)
Family size, mean (SD)	5.3 (1.62)	5.2 (1.57)	5.3 (2.4)
Living in a border city/village, %(n) *	12.8 (15)	6.8 (8)	9.8 (23)
Living standards, %(n)			
Below average	22.5 (25)	23.3 (27)	22.9 (52)
Average	61.3 (68)	62.3 (72)	61.7 (140)
Above average	16.2 (18)	14.7 (17)	15.4 (35)
Family spending, %(n)			
Less than 100 000 drams	20.9 (23)	21.6 (25)	21.2 (48)
From 100 001-300 000 drams	44.5 (49)	39.7 (46)	42.0 (95)
Above 300 000 drams	3.6 (4)	9.5 (11)	6.6 (15)
Refused to answer	30.9 (34)	29.3 (34)	30.1 (68)

^{*}Marginal significance (p-value between 0.05 and 0.1)

^{**}p-value <0.05

^{***}p-value <0.01

Table 1-b. Child's health

Characteristics	Cases	Controls	Total
	n =117	n =117	n =234
Child's age (during the interview) (years),			
mean (SD)	7.1 (3.79)	5.3 (3.52)	6.2 (3.66)
Sex, %(n)			
Male	57.3 (67)	62.4 (73)	59.8 (140)
Female	42.7 (50)	37.6 (44)	40.2 (94)
Birth weight (grams), %(n)			
Less than 2500	7.7 (9)	12.8 (15)	10.3 (24)
From 2500 to 4000	88.0 (103)	82.9 (97)	85.5 (200)
More than 4000	3.4 (4)	3.4 (4)	3.4 (8)
Don't remember	0.9(1)	0.9(1)	0.9(2)
Birth order, mean (SD)	1.8 (0.86)	1.8 (1.03)	1.8 (0.95)
Birth defect, %(n)	4.3 (5)	3.4 (4)	3.8 (9)
Any infections during the first year of	0.7 (1.12)	0.9 (1.31)	0.8 (1.22)
child's life (number), mean (SD)			
Chronic disease, %(n)	7.7 (9)	8.5 (10)	8.1 (19)
X-ray before disease diagnosis, %(n)	31.6 (37)	37.6 (44)	34.6 (81)
Number of X-rays before disease diagnosis,	2.0 (1.34)	1.9 (2.09)	1.9 (1.72)
mean (SD)			

^{*}Marginal significance (p-value between 0.05 and 0.1)

**p-value <0.05

Table 1-c. Pregnancy related factors

Characteristics	Cases	Controls	Total
	n =117	n =117	n =234
Delivery mode, %(n)			
Vaginal	74.1 (86)	71.6 (83)	72.8 (169)
C-section	25.9 (30)	28.4 (33)	27.2 (63)
Term of delivery (months), mean (SD)	8.9 (0.32)	8.7 (0.79)	8.8 (0.56)
Mother's BMI before pregnancy, mean			
(SD)	22.6 (3.94)	22.5 (3.81)	22.5 (3.88)
Breastfeeding, %(n)	93.9 (108)	90.5 (105)	92.2 (213)
Breastfeeding duration (months), mean			
(SD)	14.0 (8.59)	14.2 (8.31)	14.1 (8.45)
Folic acid during pregnancy, %(n)**	38.3 (44)	53.4 (62)	45.9 (106)
Coffee drinking during pregnancy,			
%(n)			
Yes, daily	68.7 (79)	58.6 (68)	63.6 (147)
Yes, not daily	12.2 (37)	19.8 (23)	16.0 (37)
No	20.3 (47)	21.6 (25)	20.3 (47)

^{***}p-value <0.01

Characteristics	Cases n =117	Controls n =117	Total n =234
	11 –11 /	11 –11 /	11 –234
Coffee consumption during pregnancy	2.1 (0.91)	2.0 (0.89)	2.0 (0.9)
(cups/day), mean (SD)	,		
Alcohol usage during pregnancy, %(n)			
Yes	0.0(0)	0.0(0)	0.0(0)
Yes, less than weekly	7.8 (9)	5.2 (6)	6.5 (15)
No	92.2 (106)	94.8 (110)	93.5 (216)
Ultrasound number during pregnancy,	4.7 (2.33)	5.3 (2.93)	5.0 (2.63)
mean (SD)			
X-ray exposure during pregnancy,	0.0(0)	5.2 (6)	2.6 (6)
%(n)**			
Trimester, %(n)			
First		16.7 (1)	
Second		83.3 (5)	
Third		0.0(0)	
Antibiotic usage during pregnancy,	10.4 (12)	6.9 (8)	8.7 (20)
%(n)			
Illness during pregnancy, %(n)	40.0 (46)	35.7 (41)	37.8 (87)
Oral contraceptive usage, %(n)	3.5 (4)	4.3 (5)	3.9 (9)
Miscarriages before getting pregnant,	21.9 (25)	21.7 (25)	21.8 (50)
%(n)			
Number of miscarriages, mean (SD)	1.5 (0.71)	1.54 (1.33)	1.52 (1.02)
Induced abortions before getting	30.7 (35)	12.2 (14)	21.4 (49)
pregnant, %(n) ***			
Number of induced abortions before			
getting pregnant, mean (SD) *	1.8 (1.58)	3.2 (2.46)	2.1 (2.02)
Horrifying/terrifying events during the			
pregnancy, %(n)***	37.6 (44)	19.7 (23)	28.6 (67)
Second hand smoke exposure during			
pregnancy, %(n)			
Daily	25.2 (29)	20.9 (24)	23.0 (53)
Less than daily	40.0 (46)	35.7 (41)	37.8 (87)
Never	34.8 (40)	43.5 (50)	39.1 (90)

^{*}Marginal significance (p-value between 0.05 and 0.1)
**p-value <0.05

^{***}p-value <0.01

Table 1-d. Parental and family characteristics

Characteristics	Cases	Controls	Total
MOTHER	n =117	n =117	n =234
Mother's age at the time of the interview	33.91 (4.89)	33.24 (5.97)	33.57 (5.43)
(years), mean (SD)			
Mothers education, %(n)			
Elementary or secondary school	33.6 (39)	27.4 (32)	30.5 (71)
Professional technical education	28.4 (33)	35.0 (41)	31.8 (74)
Institute/University or post-graduate	37.9 (44)	37.6 (44)	37.8 (88)
Chemical exposure within 24 months	1.7(2)	5.1 (6)	3.4 (8)
before getting pregnant, %(n)			
Marital status, %(n)			
Married	93.2 (109)	96.6 (113)	94.9 (222)
Widowed	1.7(2)	0.0(0)	0.9(2)
Divorced/separated	5.1 (6)	3.4 (4)	4.3 (10)
Ever cigarette smoking, %(n)	2.6 (3)	5.1 (6)	3.8 (9)
Current cigarette smoking, %(n)	0.0(0)	0.9(1)	0.45 (1)
Alcohol usage, %(n)*			
Never	47.0 (55)	56.0 (65)	51.5 (120)
Less than 1 drink in a month	44.4 (52)	35.3 (41)	39.9 (93)
1-3 drinks in a month	8.5 (10)	5.2 (6)	6.9 (16)
1-3 drink in a week	0.0(0)	3.4 (4)	1.7 (4)
FATHER			
Father's age (years), mean (SD)	38.6 (6.23)	37.8 (7.85)	38.2 (7.04)
Father's education, %(n)			
Elementary or secondary school	47.9 (56)	41.0 (48)	44.4 (104)
Professional technical education	20.5 (24)	19.7 (23)	20.1 (47)
Institute/University or post-graduate	31.6 (37)	39.3 (46)	35.5 (83)
Father's occupation during 24 months			
prior the wife's pregnancy, %(n)			
Agricultural worker	20.5 (24)	15.4 (18)	17.9 (42)
Electrician	3.4 (4)	5.1 (6)	4.3 (10)
Driver	12.0 (14)	14.5 (17)	13.2 (31)
Mechanic	5.1 (6)	1.7 (2)	3.4 (8)
Other	59.0 (69)	63.2 (74)	61.1 (143)
Father's ever smoking, %(n)	83.6 (97)	76.7 (89)	80.2 (186)
Father's currently smoking, %(n)			
Yes, daily	62.8 (75)	67.5 (79)	65.5 (154)
Yes, less than daily	6.8 (8)	2.6 (3)	9.4 (11)
No	16.2 (19)	14.5 (17)	30.8 (36)
Fathers daily smoked cigarette number	21.0 (0.92)	20.0 (0.40)	21 4 (0 66)
rathers daily smoked eightette number	21.9 (9.82)	20.9 (9.49)	21.4 (9.66)

Table 1-d. Parental and family characteristics

Characteristics	Cases	Controls	Total
MOTHER	n =117	n =117	n =234
FAMILY CHARACTERISTICS			
Second hand smoke exposure of the child			
before getting the disease, %(n)			
Daily	21.4 (25)	17.9 (21)	19.7 (46)
Less than daily	33.3 (39)	28.2 (33)	30.8 (72)
Never	45.3 (53)	53.8 (63)	49.6 (116)
Smokers in the households, mean (SD)	1.0 (0.76)	0.9 (0.72)	1.0 (0.74)
Binge drinking in family, %(n)			
Yes	6.8 (8)	6.0 (7)	6.4 (15)
No	86.3 (101)	90.6 (106)	88.5 (207)
Don't know/not sure	6.8 (8)	3.4 (4)	5.1 (12)
Core family member with diagnosed	34.2 (40)	23.1 (27)	28.6 (67)
cancer, %(n)*			
Blood ties among parents, %(n)	3.4 (4)	2.6 (3)	3.0 (7)
Blood ties among grandparents, %(n)*	0.9(1)	4.3 (5)	2.6 (6)

^{*}Marginal significance (p-value between 0.05 and 0.1)

Table 1-e. Family environmental exposures

Characteristics	Cases	Controls	Total
	n =117	n =117	n = 234
Drinking water, %(n)			
Municipal/tap water	85.3 (99)	85.2 (98)	85.3 (197)
Wells water	9.5 (11)	6.1 (7)	7.8 (18)
Bottled water	2.6 (3)	2.6 (3)	2.6 (6)
Filtered water	2.6 (3)	6.1 (7)	4.3 (10)
Pesticide usage, %(n)	21.6 (25)	18.4 (21)	20.0 (46)
Frequency of pesticide spray during a	3.8 (3.93)	3.4 (2.54)	3.6 (3.24)
year, mean (SD)			
Pesticide/herbicide sprayer, %(n)			
The mother	2.6(3)	1.7 (2)	4.3 (5)
The father	7.7 (9)	9.4 (11)	17.1 (20)
Another worker	11.1 (13)	5.9 (7)	17.1 (20)
Child's presence during sprays, %(n)*			
Often	0.0(0)	0.9(1)	0.43 (1)
Sometimes	5.12 (6)	0.9(1)	2.9 (7)
Never	16.2 (19)	15.4 (18)	15.8 (37)

^{**}p-value <0.05

^{***}p-value <0.01

Table 1-e. Family environmental exposures

Characteristics	Cases	Controls	Total
	n =117	n =117	n =234
Fruit washing under running water	96.2 (25)	80.0 (16)	89.1 (41)
before giving to the child, %(n)*			
The average age of the house (years),	35.9 (16.07)	32.8 (18.15)	34.4 (17.11)
mean (SD)			
House heating mode, %(n)			
Hot water (e.g., Baxi)	33.6 (38)	38.9 (44)	36.3 (82)
Electric heater	9.7 (11)	10.6 (12)	10.2 (23)
Chimney stove, which burns gas, oil,	16.8 (19)	15.0 (17)	15.9 (36)
or kerosene			
Wood or coal stove	34.5 (39)	33.6 (38)	34.1 (77)
Dung cake stove	5.3 (6)	1.8 (2)	3.5 (8)
Housing conditions, %(n)			
Good	32.5 (38)	26.1 (30)	29.3 (68)
Average (meets basic needs)	61.5 (72)	67.8 (78)	64.7 (150)
Poor	6.0 (7)	6.1 (7)	6.0 (14)
Chemical industries within 10km from	13.7 (16)	12.2 (14)	12.9 (30)
the house, %(n)			
Mining dump within 10km from the	7.7 (9)	14.8 (17)	11.2 (26)
house, %(n)*			

^{*}Marginal significance (p-value between 0.05 and 0.1)

^{**}p-value <0.05

^{***}p-value <0.01

Table 2.1 Simple logistic regression analysis between the cancer status and its potential risk factors

Characteristics	OR	95% CI	P-value
Yerevan residents	0.65	0.38-1.13	0.129
Gegharkunik residents	2.93	0.91-9.49	0.073
Artsakh residents	9.67	1.20-77.57	0.033
Living borderline	2.00	0.82-4.92	0.130
Family member with diagnosed cancer	1.73	0.97-3.08	0.061
Father's agricultural work	1.42	0.72-2.78	0.308
Mother's usage of alcohol			
Never*	1.00		
Less than a drink in a month	1.52	0.88-2.62	0.130
1-3 drinks in a month or week	1.20	0.47-3.09	0.706
No exposure to second-hand smoke during	0.69	0.41-1.18	0.177
pregnancy			
Folic acid usage during pregnancy	0.54	0.32-0.91	0.021
Having any induced abortions before getting	3.19	1.60-6.35	0.001
pregnant			
Mean number of abortions before pregnancy	0.70	0.50-0.98	0.042
Horrifying/terrifying events during the pregnancy	2.46	1.37-4.44	0.002
X-ray exposure during pregnancy	0.49	0.43-0.56	0.999
Blood ties among child's grandmother-	0.19	0.02-1.69	0.138
grandfathers			
Second-hand smoke exposure to a child	1.41	0.84-2.36	0.192
Fruit washing under running water before giving	1.72	0.86-3.41	0.124
to the child			
Mining dump within 10 km from the house	0.48	0.21-1.13	0.092

^{*}Reference group.

Table 2.2 Simple logistic regression analysis between child's exposure to second-hand smoke and factors potentially related to childhood cancer

Characteristics	OR	95% CI	P-value
Family member with diagnosed	1.11	0.63-1.95	0.726
cancer			
Having a father doing agricultural	1.57	0.79-3.08	0.195
work			
Folic acid usage during pregnancy	0.60	0.36-1.01	0.057
Induced abortions before getting	1.43	0.75-2.70	0.275
pregnant			
Horrifying/terrifying events during	1.31	0.74-2.31	0.353
pregnancy			
Mean number of induced abortions	1.45	0.93-2.25	0.104
before pregnancy			

Table 2.3 Association between cancer status and child's second hand smoke exposure controlled for the confounder

Characteristics	OR	95% CI	P-value
Second-hand smoke exposure	1.25	0.74-2.12	0.390
Folic acid usage during pregnancy	0.55	0.33-0.94	0.028

Table 3. Multiple logistic regression model of determinants of childhood cancer in Armenia (n=229)

Characteristics	aOR	95% CI	P-value
Folic acid usage during pregnancy	0.54	0.31-0.94	0.030
Induced abortions before getting	2.94	1.45-5.96	0.003
pregnant			
Horrifying/terrifying events during	2.19	1.18-4.07	0.013
the pregnancy			
Family member diagnosed with	1.71	0.93-3.18	0.085
cancer			
Model of fit statistics:	Hosn	ner & Lemeshow	goodness of fit
	test,p=0.615		
			<i>ROC AUC=0.699</i>

Figures

Figure 1. Childhood cancer incident cases during 2008-2018 years among less than 18 years old children in Armenia

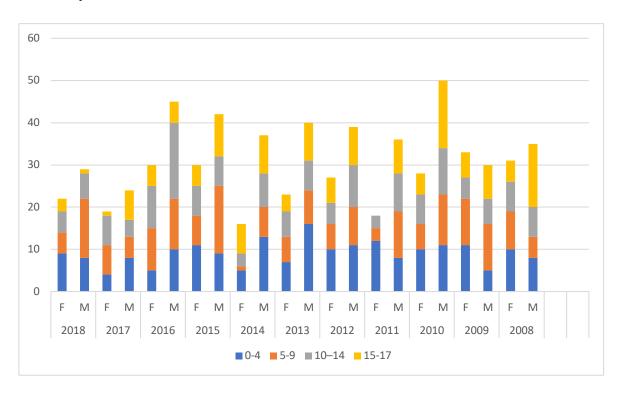


Figure 2. Flow chart outlining the study sample selection

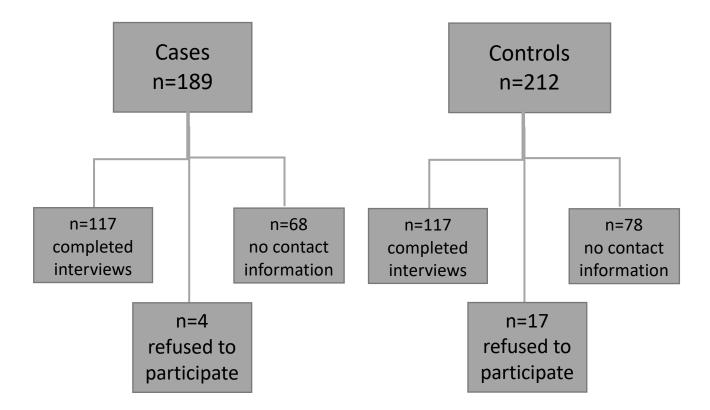


Figure 3. Three-year childhood cancer incidence per $100\ 000$ population aged 0- $14\ years$

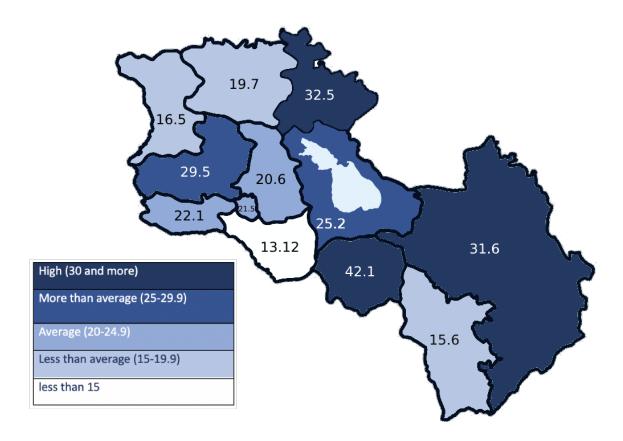
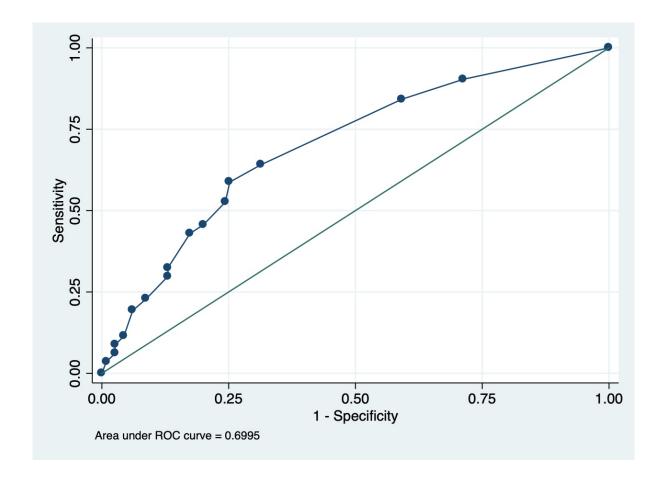


Figure 4. Receiver operating characteristic curve of the final predictive model of determinants of childhood cancer in Armenia



Appendices

Appendix 1. Medical Record Review Form

General Information

ID# (Pa	atient ID/Medic	al card ID)	
Date of birth	<u>//</u>	-	
Patient sex	Male	Female	
Date of admission _	/		
Main clinical diagn	oeie		

Appendix 2. Journal Form

Interviewer's name (ID)

ID#	Name of the child (first, last)	Address	Caregiver's phone	Adm. Date	Birth date	Att1	Att2	Att3

RESULT CODES (RC)

- 1. Completed interview
- 2. No such case (wrong name, wrong address)
- 3. Mother or caretaker is not available
- 4. No response (nobody answers the call)
- 5. Refusal
- 6. Respondent doesn't understand Armenian
- 7. Postponed interview
- 8. Incomplete interview
- 9. Died
- 10. Other

Appendix 3. Informed Consent Form

խնդրեք երեխայի մոր հեռախոսահամարը։

Իրազեկ համաձայնագիր և մասնակցի սկրինինգային ձև

Բարև Ձեզ: Ես Մանուշակն եմ։ Ես մանկական արյունաբանության և ուռուցքաբանության բժիշկ օրդինատոր եմ, նաև՝ Հայաստանի ամերիկյան համալսարանի Հանրային առողջապահության բաժնի ավարտական կուրսի ուսանող: Այժմ, ես աշխատում եմ իմ մագիստրոսական թեզի վրա, որն ուսումնասիրում է Հայաստանում մանկական քաղցկեղի զարգացման ռիսկի գործոնները: Ձեր հեռախոսահամարը տրամադրել է արյունաբանական կենտրոնը։ Ունեմ մեկ հարց պարզելու համար, արդյոք կարող եք լինել մեր հետազոտության մասնակից։ (Հարցագրուցավարի համար) Ես Հայաստանի ամերիկյան համալսարանի Առողջապահական ծառայությունների հետազոտման և զարգացման կենտրոնից եմ: Իմ անունն է _____: Այժմ Հանրային առողջապահության բաժնի ավարտական կուրսի ուսանողի թեզի շրջանակներում իրականացվում է մի հետազոտւթյուն, որի նպատակն է Հայաստանում մանկական քաղցկեղի զարգացման ռիսկի գործոնների բացահայտումը: Ես զանգահարում եմ արյունաբանական կենտրոնի կողմից տրամադրած հեռախոսահամարով: Ունեմ մեկ հարց պարզելու համար, արդլոք կարող եք լինել մեր հետազոտության մասնակից, թե ոչ։ Ձեր տանր բնակվու՞մ է _____տարեկան ______անուն-ազգանունով երեխա, ով վերջին մեկ-երկու տարվա ընթացքում հետազոտվել կամ բուժվել է արլունաբանական կենտրոնում: Եթե ՈՉ – Շնորհակալություն հայտնել մասնակցին և ավարտել: Եթե, ԱՅՈ - Ճշտում եք, թե ու՞մ հետ եք խոսում, հետո միայն, եթե պատասխանողը մայրն է՝ ներկայացնում եք իրազեկ համաձայնության պայմանները: Եթե պատասխանողը մայրը չէ ապա ներկայացրեք հետազոտության մանրամասները, և հեռախոսազանգին պատասխանողից

Հայաստանի ամերիկյան համալսարան Հանրային առողջապահության ֆակուլտետ Գիտահետազոտական էթիկայի թիվ 1 հանձնաժողով Իրազեկ համաձայնության ձև

Վերնագիր-Մանկական քաղցկեղի զարգացման ռիսկի գործոնները Հայաստանում Հետազոտական թիմ/ղեկավարներ-Անահիտ Դեմիրձյան, Լուսինե Աբրահամյան

Բարև Ձեզ: Ես Մանուշակն եմ, մանկական արյունաբանության և ուռուցքաբանության բժիշկ-օրդինատոր եմ, ես նաև Հայաստանի ամերիկյան համալսարանի Հանրային առողջապահության ֆակուլտետի ավարտական կուրսի ուսանող եմ: Մենք ավարտական աշխատանքի շրջանակներում իրականացնում ենք ուսումնասիրություն, որի նպատակն է բացահայտել Հայաստանում մանկական քաղցկեղի զարգացման ռիսկի գործոնները: Ուսումնասիրությունն իրականացվում է այն 230 մայրերի շրջանում, ում երեխաների տարիքը 14 տարեկան կամ փոքր են, և վերջերս հետազոտվել և/կամ բուժում են ստացել Մանկական քաղցկեղի և արյան հիվանդությունների կենտրոն՝ Արյունաբանական կենտրոնում։

(Հարցազրուցավարի համար) Ես Հայաստանի ամերիկյան համալսարանի Առողջապահական ծառայությունների հետազոտման և զարգացման կենտրոնից եմ: Իմ անունն է: Մենք ավարտական աշխատանքի շրջանակներում իրականացնում ենք մի հետազոտւթյուն, որի նպատակն է Հայաստանում մանկական քաղցկեղի զարգացման ռիսկի գործոնների բացահայտումը: Ուսումնասիրությունն իրականացվում է այն 230 մայրերի շրջանում, ում երեխաների տարիքը 14 տարեկան կամ փոքր են, և վերջերս հետազոտվել և/կամ բուժում են ստացել Մանկական քաղցկեղի և արյան հիվանդությունների կենտրոն՝ Արյունաբանական կենտրոնում։

Դուք հրավիրված եք մասնակցել այս հետազոտությանը, քանի որ վերջերս Ձեր երեխան ախտորոշվել և/կամ բուժում է ստացել Մանկական քաղցկեղի և արյան հիվանդությունների կենտրոն՝ Արյունաբանական կենտրոնում, որտեղից և Ձեր կոնտակտային տվյալները վերցվել են: Ձեր մասնակցությունը այս հարցմանը սահմանափակվում է միայն այս հեռախոսային հարցազրույցով, որը կտևի 15-20 րոպե: Ես կխնդրեի Ձեզ մասնակցել այս հետազոտությանը և կիսվել Ձեր փորձառությամբ՝ երեխայի հիվանդանալուն նախորդող ժամանակահատվածի վերաբերյալ։ Հարցերը հիմնականում վերաբերվում են հղիության ընթացքում, դրանից առաջ և հետո որոշ գործոնների, որոնց ենթարկվել եք Դուք (մայրը) և ձեր երեխան։

Ձեր մասնակցությունն այս հետազոտությանը կամավոր է: Ձեզ ոչինչ չի սպառնում, եթե Դուք իրաժարվեք մասնակցել այս հետազոտությանը: Դուք կարող եք հրաժարվել պատասխանել ցանկացած հարցի կամ ցանկացած պահի ընդհատել հարցազրույցը: Ձեր մասնակցությունը այս հետազոտությանը որևէ վտանգ չի ներկայացնում Ձեզ համար, և չմասնակցելու կամ ցանկացած պահի ընդհատելու պարագայում չի ազդի Արյունաբանական կենտրոնում ձեր ներկայիս կամ ապագա բուժման վրա։ Ձեր կողմից տրամադրված տվյալները կարևոր են հետազոտության համար: Այս հարցազրույցին Ձեր մասնակցությունը չի ենթադրում որևէ ուղղակի շահ Ձեզ համար, բայց Ձեր մասնակցությունը կարող է օգնել ավելի լավ հասկանալ այն գործոնները, որոնց հսկողությունը կարող է նպաստել երեխաների առողջության պահպանմանը։

Ձեր կողմից տրամադրված տվյալները, ինչպես նաև բժշկական տվյալները գաղտնի են պահվելու և օգտագործվելու են միայն այս հետազոտության նպատակով: Ձեր անունը, հասցեն կամ հեռախոսահամարը չեն նշվելու հարցաթերթիկի վրա կամ հետազոտության որևէ զեկույցի մեջ և ձեռքբերված բոլոր տվյալները պահվելու են գաղտնի: Ձեր կոնտակտային տվյալները կոչնչացվեն տվյալների հավաքագրումից անմիջապես հետո:

Եթե Դուք ունեք հետագա հարցեր տվյալ հետազոտության մասին, կարող եք կապվել անմիջապես հետազոտության ղեկավար՝ Անահիտ Դեմիրձյանին (+374 60) 612562 հեռախոսահամարով։ Եթե Դուք կարծում եք, որ հետազոտության ընթացքում Ձեզ հետ լավ չեն վերաբերվել և/կամ հետազոտությունը Ձեզ վնաս է հասցրել, կարող եք զանգահարել ՀԱՀ-ի Էթիկայի հանձնաժողովի համակարգող՝ Վարդուհի Հայրումյանին, հետևյալ հեռախոսահամարով (010) 6125 61։ Համաձա՞յն եք մասնակցել:

Շնորհակալություն:

Interviewers introduction to the participant

Hello. I am Manushak and I am pediatric hematology/oncology resident-doctor and a
graduate student of the Master of Public Health program at the American University of
Armenia. Currently, I am working on my master thesis and it is dedicated to the investigation
of risk factors of pediatric cancer in Armenia. Your telephone number was provided by
Hematology Center. I have a question to clarify whether you can be a participant to our
study, or not.
(Fort the interviewer) I am from the American University of Armenia's Health Services
Research and Development Center. My name is In the scope of master thesis project
a research is being carried out, which aims to assess risk factors of pediatric cancer in
Armenia. Your telephone number was provided by Hematology Center. I have a question to
clarify whether you can be a participant to our study, or not.
Does anyone live in your house with age and name, who recently
diagnosed or received treatment in the Hematology Center.
• If NO – thank and finish

- If YES Ask whether the interviewer is mother or not then go to the consent form. If the phone number belongs to the person other than the mother, present the study, and ask the contact number of the patient's mother from the phone call responder.

American University of Armenia Turpanjian School of Public Health Institutional Review Board #1 Consent form

Title-Risk factors of childhood cancer in Armenia Research team/Advisors-Anahit Demirchyan, Lusine Abrahamyan

Hello. My name is Manushak, I am pediatric hematology/oncology resident doctor and I am a graduate student of the Master of Public Health program at the American University of Armenia. In the scope of master thesis project, a research is being carried out, which aims to assess risk factors of pediatric cancer in Armenia. The research is conducted among 230 mothers, whose children are 14 and less, and were recently diagnosed and/or received treatment at the Pediatric Cancer and Blood Disorders Center of Armenia (PCBDCA) in the Hematology Center (HC) after Prof. Yeolyan.

(Fort the interviewer) I am from the American University of Armenia's Health Services Research and Development Center. My name is ______. In the scope of master thesis project, a research is being carried out, which aims to assess risk factors of pediatric cancer in Armenia. The research is conducted among 230 mothers, whose children are 14 and less, and were recently diagnosed and/or received treatment at the Pediatric Cancer and Blood Disorders Center of Armenia (PCBDCA) in the Hematology Center (HC) after Prof. Yeolyan.

You are invited to participate in this study, as your child diagnosed and get treatment at the Pediatric Cancer and Blood Disorders Center of Armenia (PCBDCA) in the Hematology Center (HC) after Prof. Yeolyan, from where your contact information was extracted. Your participation in this study will involve only the current telephone interview that will last 15-20 minutes. I would like to ask you to participate in this study to share some additional details about the experience before the child getting the disease. The questions are mainly about the possible risk factors, which you and your child have been exposed before or after the child birth.

Your participation in this study is voluntary. There is no penalty if you refuse to participate in this study. You can skip any questions you do not want to answer or even stop the interview. Your participation in the study poses no risk for you and not participating or withdrawing from the study at any time will not affect your current or future treatment at the Hematology center. The information received from you is important for the study. There is no direct benefit from the participation in this study, but your participation will contribute to better understanding the risk factors of pediatric cancer and the control of that factors could lead to prevention of child health.

The information provided by you and the data obtained from the medical records/charts are fully confidential and will be used only for the study. Your name, contact information and other identifiable information will not appear on the questionnaire and final report. Your contact information will be destroyed upon the completion of data collection.

If you have any questions regarding this study you can contact the Principal Investigator of this study, Research Assistant Professor of the Gerald and Patricia Turpanjian School of Public Health, Dr. Anahit Demirchyan at 060 61 2562. If you think you have been hurt by participating in the study or feel you have not been treated fairly you can contact the American University of Armenia Human Protections Administrator, Varduhi Hayrumyan at (060) 61 25 61.

Do you agree to participate? Thank you.

Appendix 4. Questionnaire for Telephone Interview with Mothers

Questionnaire: Risk factors of Pediatric Cancer in Armenia							
Interv	Interviewer ID Interview date / / (yyyy/mm/dd) Interview start time:(hh:mm) 24-hour format						
1.	Family sociodemographic						
1.	In what marz of Armenia do you live?	1. ☐ Yerevan					
		2. □ Aragatsotn					
		3. □ Ararat					
		4. □ Armavir					
		5. □ Gegharkunik					
		6. □ Kotayk					
		7. □ Lori					
		8. □ Shirak					
		9. □ Syunik					
		10. □ Tavush					
		11. □ Vayots Dzor					
		12. □ Artsakh					
2.	What is your residential status?	1. □ City					
		2. □ Village					
3.	How many people live in your family?	persons					
4.	Is your city/village located in a border?	1. □ Yes					
	(Read the options)	2. □ No					
5.	How would you rate your family's general standard of	1. ☐ Substantially below					
	living?	average					
	(Read the options)	2. ☐ Little below average					
		3. □ Average					
		4. ☐ Little above average					
		5. □ Substantially above					
		average					

6.	In average, how much money does your family spend monthly? (Read the options)	 □ Less than 50.000 drams □ From 50,000 – 100,000 drams □ From 100,001 – 200,000 drams □ From 200,001 – 300,000 drams □ Above 300,000 drams □ Refuse to answer
2. Pare	ental demographics	
	MOTHER	
7.	What is your year of birth?	(yyyy)
8.	What is your completed educational level?	1. ☐ School (less than 9 years)
	(Read the options)	2. □ School (10-12 years)
		3. ☐ Professional technical
		education
		4. ☐ Institute/University
		5. ☐ Post-graduate
9.	Did you work with chemicals, gas, benzene, fumes or	1. \square Yes \rightarrow 1.1 Name the
	other harmful products within 24 months prior to getting pregnant with this child?	product —
		2. □ No
10.	What is your marital status? (Read the options)	1. ☐ Married
		2. □ Single
		3. □ Widow/Widowed
		4. ☐ Divorced/Separated
	Smoking	
11.	Have you ever smoked cigarettes?	1. □ Yes
		2. \square No, => Go to Q15
12.	Do you currently smoke cigarettes?	1. □ Yes, daily
		2. □ Yes, less than daily, =>
		Go to Q15
		3. □ No, => Go to Q15
13.	How many cigarettes per day do you smoke?	cigarettes

2.1.2	Alcohol usage	
14.	On average, how often do you use alcohol containing	1. □ Never
	drinks (vodka, wine, cognac)? (One portion drink includes	2. ☐ Less than 1 drink a week
	1 glass wine or 1 bottle beer or 1 small glass cognac,	3. □ 1-3 drinks a week
	liqueur or vodka)	4. □ 4-6 drinks a week
		5. □ 7-13 drinks a week
		6. ☐ 14 drinks or more a week
221	FATHER	
15.	What is the child's father's year of birth?	(yyyy)
10.	What is the difficulty is year of circle.	(5555)
16.	What is child's father's completed educational level?	1. ☐ Secondary school (less than
	(Read the options)	10 years)
		2. ☐ High school completed
		(10-12 years)
		3. □ Professional technical
		education
		4. □ Institute/University
		5. □ Post-graduate
17.	Did the child's father do the following work during 24	1. □ agricultural worker
	months prior to your getting pregnant with the child?	2. □ electrician
	(Read the options)	3. □ driver
		4. □ mechanic
		5. \square Other \rightarrow specify
2	.2.1 Smoking	
18.	Has he ever smoked cigarettes?	1. □ Yes
		2. \square No => Go to Q22
19.	Does he currently smoke cigarettes?	1. ☐ Yes, daily
		2. □ Yes, less than daily =>
		Go to Q22

How many cigarettes per day does he smoke?

20.

3. \square No => Go to Q22

cigarettes

2.3 Fa	amily characteristics	
21.	How many of your household members currently smoke?	
22.	How often do people smoke in the same room where your	1. □ Daily
	child is present, before the child get sick?	2. ☐ Less than daily
		3. □ Never
23.	During your pregnancy or after your child birth, does	1. □ Yes
	anyone drink alcohol containing drinks 5 or more times	2. □ No
	every day (e.g., 5 glasses of wine, or 5 bottles of beer or 5 little glasses of cognac, vodka or liqueur).	3. □ Don't know/Not sure
24.	Does any of your core family members, or any of the	1. \square Yes \rightarrow 1.1 Relationship with
	child's grandfathers, grandmothers, aunts or uncles ever	the child——
	suffered from cancer?	2. □ No
25.	Do you have blood ties with the child's father?	1. □ Yes
		2. □ No
26.	Whether any of the child's grandmother-grandfathers have	1. □ Yes
	blood ties with each other?	2. □ No
		2. = 1.0
3.	Child health	
3. 27.	What was the birth weight of your child? (g)	1. □ Less than 2500
_		1. □ Less than 2500 2. □ From 2500 to 4000
_	What was the birth weight of your child? (g)	
_	What was the birth weight of your child? (g)	2. □ From 2500 to 4000
_	What was the birth weight of your child? (g)	2. □ From 2500 to 40003. □ More than 4000
27.	What was the birth weight of your child? (g) (Read the options)	 □ From 2500 to 4000 □ More than 4000 □ Don't remember
27.	What was the birth weight of your child? (g) (Read the options)	 □ From 2500 to 4000 □ More than 4000 □ Don't remember
27.	What was the birth weight of your child? (g) (Read the options) What is the order of the child in the family?	□ From 2500 to 4000 □ More than 4000 □ Don't remember □ th child
27.	What was the birth weight of your child? (g) (Read the options) What is the order of the child in the family? Did your child have any birth defect? How many times had your child been diagnosed with any	□ From 2500 to 4000 □ More than 4000 □ Don't remember □ th child □ Yes
27. 28. 29.	What was the birth weight of your child? (g) (Read the options) What is the order of the child in the family? Did your child have any birth defect? How many times had your child been diagnosed with any infections during the first year of his/her life: including	□ From 2500 to 4000 □ More than 4000 □ Don't remember □ th child □ Yes □ No
27. 28. 29.	What was the birth weight of your child? (g) (Read the options) What is the order of the child in the family? Did your child have any birth defect? How many times had your child been diagnosed with any	□ From 2500 to 4000 □ More than 4000 □ Don't remember □ th child □ Yes □ No
27. 28. 29.	What was the birth weight of your child? (g) (Read the options) What is the order of the child in the family? Did your child have any birth defect? How many times had your child been diagnosed with any infections during the first year of his/her life: including flue or other viral diseases? (Put 0 if none)	2. ☐ From 2500 to 4000 3. ☐ More than 4000 4. ☐ Don't rememberth child 1. ☐ Yes 2. ☐ No times
27. 28. 29.	What was the birth weight of your child? (g) (Read the options) What is the order of the child in the family? Did your child have any birth defect? How many times had your child been diagnosed with any infections during the first year of his/her life: including flue or other viral diseases? (Put 0 if none) Was the child diagnosed with any other chronic disease	2. ☐ From 2500 to 4000 3. ☐ More than 4000 4. ☐ Don't rememberth child 1. ☐ Yes 2. ☐ No times 1. ☐ Yes => 1.1 if yes, specify what
27. 28. 29.	What was the birth weight of your child? (g) (Read the options) What is the order of the child in the family? Did your child have any birth defect? How many times had your child been diagnosed with any infections during the first year of his/her life: including flue or other viral diseases? (Put 0 if none)	2. □ From 2500 to 4000 3. □ More than 4000 4. □ Don't rememberth child 1. □ Yes 2. □ No times 1. □ Yes => 1.1 if yes, specify what disease
27. 28. 29. 30.	What was the birth weight of your child? (g) (Read the options) What is the order of the child in the family? Did your child have any birth defect? How many times had your child been diagnosed with any infections during the first year of his/her life: including flue or other viral diseases? (Put 0 if none) Was the child diagnosed with any other chronic disease before getting ill with the current disease?	2. ☐ From 2500 to 4000 3. ☐ More than 4000 4. ☐ Don't rememberth child 1. ☐ Yes 2. ☐ No times 1. ☐ Yes => 1.1 if yes, specify what disease 2. ☐ No
27. 28. 29.	What was the birth weight of your child? (g) (Read the options) What is the order of the child in the family? Did your child have any birth defect? How many times had your child been diagnosed with any infections during the first year of his/her life: including flue or other viral diseases? (Put 0 if none) Was the child diagnosed with any other chronic disease before getting ill with the current disease?	2. ☐ From 2500 to 4000 3. ☐ More than 4000 4. ☐ Don't rememberth child 1. ☐ Yes 2. ☐ No times 1. ☐ Yes => 1.1 if yes, specify what disease 2. ☐ No 1. ☐ Yes => 1.1 if yes, specify, how
27. 28. 29. 30.	What was the birth weight of your child? (g) (Read the options) What is the order of the child in the family? Did your child have any birth defect? How many times had your child been diagnosed with any infections during the first year of his/her life: including flue or other viral diseases? (Put 0 if none) Was the child diagnosed with any other chronic disease before getting ill with the current disease?	2. ☐ From 2500 to 4000 3. ☐ More than 4000 4. ☐ Don't rememberth child 1. ☐ Yes 2. ☐ No times 1. ☐ Yes => 1.1 if yes, specify what disease 2. ☐ No

2	I. Pregnancy related factors	
33.	How did you deliver the child?	1. □ Vaginal
	(Read the options)	2. □ C-section
34.	At what pregnancy month did you deliver the child?	1(month)
		2. □ Don't remember
35.	What was your average weight before getting	1. 🗆kg
	pregnant with this child?	2. □ Don't know
36.	What is your average height?	1cm
		2. □ Don't know
37.	Did you ever breastfeed your child?	1. \square Yes, => 1.1 If yes, for how long?
		Specify months weeks
		2. □ No
38.	Have you taken folic acid during pregnancy with this	1. □ Yes
	child?	2. □ No
20	11 (1 (0 1 : 0	
39.	Have you taken coffee during pregnancy? (Read the options)	1. \square Yes, daily => 1.1 How many cups
	(Read the options)	per day?
		2. ☐ Yes, not daily
		3. □ No
40.	Were you using alcohol containing drinks	1. ☐ Yes, weekly or more often
	during pregnancy with this child?	2. ☐ Yes, less than weekly
	(Read the options)	3. □ No
41.	How many times did you undergo ultrasound during	times
	pregnancy? (Put 0 if none)	
42.	Were you exposed to X-ray during pregnancy?	1. \square Yes, => 1.1 How many times?
4.0		$2. \square \text{ No} \rightarrow \text{Go to } Q45$
43.	Trimester of pregnancy at X-ray exposure: (Mark all	1. □ First
	that apply)	2. □ Second
		3. □ Third
44.	Have you taken antibiotics during pregnancy?	1. □ Yes
		2. □ No
45.	Have you had any illnesses during pregnancy with	1. \square Yes, \rightarrow 1.1 Please, specify the
	this child?	disease
		2. □ No

46.	Have you used oral contraceptives before getting	1. □ Yes		
	pregnant with this child?	2. □ No		
47.	Did you have miscarriages before getting pregnant	1. □ Yes, => 1.1 How man	y times?	
	with	2. □ No		
	this child?			
48.	Did you have induced abortions before getting	1. □ Yes, => 1.1 How man	y times?	
	pregnant with this child?	2. □ No		
49.	Have you experienced any horrifying/terrifying	1. □ Natural disaster	□Yes	□No
	event to you during the pregnancy with this child,	(earthquake, flood, fire,		
	such as: (read the options, mark all that apply)	etc.)		
		2. □ Violence toward	□Yes	□No
		yourself (e.g., beating, rape, stabbing,		
		gunshot)		
		3. □ Life threatening	□Yes	□No
		accident (e.g.,		
		automobile)		
		4. □ Sudden	□Yes	□No
		(unexpected) death		
		of a loved one		
		5. ☐ Participation in war-related events	□Yes	□No
		6.□ Other terrifying event	□Yes	□No
		\rightarrow 6.1. Please, specify:		Пио
50.	(Ask only mothers who reported ever smoking)	1. Daily		
	How often did you smoke when pregnant with this	2. □ Less than daily		
	child? (Read the entions)	3. □ Never		
51.	(Read the options) How often did people smoke in the same room with	1 Deller		
\mathcal{I}_1 .	you when you were pregnant with this child?	1. □ Daily		
	(Read the options)	2. ☐ Less than daily		
	` '	3. □ Never		

5	5. Family environmental exposures			
52.	What is the source of drinking water you use in your house?	 □ Municipal/tap water □ Wells water 		
		3. □ Bottled water		
		4. □ Filtered water		
53.	Do you have a back yard/garden where you use pesticides?	1. □ Yes		
		2. \square No => Go to Q58		
54.	On average, how many times per year do you spray the garden with pesticides?			
55.	Who usually carries the procedures of spraying the garden	1. ☐ The mother (you)		
	with pesticide/herbicides?	2. □ The father		
		3. □ Other worker		
56.	How often is the child present during these sprays (pesticide	1. □ Often		
	usage)?	2. □ Sometimes		
		3. □ Never		
57.	Do you wash fruits under running water (in general or from	1. □ Yes		
	your garden) before giving it to the child or the child does it	2. □ No		
5 0	before eating those?			
58.	How many years ago your house was constructed (if don't remember, record an estimate)?	years		
59.	What is the mode of heating of your house mainly?	1. □ Hot water (e.g., Baxi)		
	(Read the options)	2. □ Electric heater		
		3. □ Chimney stove, which		
		burns gas, oil, or kerosene		
		4. □ Wood or coal stove (with		
		chimney)		
		5. ☐ Stove for atar burn		
		6. □ Oil-fired stove, without		
		chimney, "Fujica"		
		7. ☐ Fireplace		
		8. □ Other,		
		specify 9. □ Not heated		
		7. 🗆 Not licated		

60.	How would you rate your housing conditions? (Read the options)	 □ Good housing conditions □ Average housing conditions (meets basic needs) □ Poor housing conditions
		4. □ Other
61.	Are there any chemical industries within 10 km from your house?	1. □ Yes 2. □ No
62.	Is there a mining dump within 10 km distance from your house?	1. □ Yes 2. □ No
Interview end time:_(hh:mm) 24-hour format		

Thank you!

Հարց	արցաշար. Մանկական քաղցկեղի ռիսկի գործոնները Հայաստանում		
Հարցազրուցավարի ՏՀ Ամսաթիվ/ (տարի/ամիս/օր) Սկսման ժամ :(ժամ:րոպե՝ 24-ժամյա ձևաչափով)			
1.Ընս	տանիքի սոցիալ-ժողովրդագրական տվյալներ		
1.	Հայաստանի ո՞ր մարզում եք բնակվում։	1. 🗆 Երևան	
		2. 🗆 Արագածոտն	
		3. 🗆 Արարատ	
		4. 🗆 Արմավիր	
		5. 🗆 Գեղարքունիք	
		6. 🗆 Կոտայք	
		7. 🗆 Լոռի	
		8. 🗆 Շիրակ	
		9. 🗆 Սյունիք	
		10. □ Տավուշ	
		11. □ Վայոց Ձոր	
		12.□ Արցախ	
2.	Նշեք՝ Ձեր բնակավայրը քաղա՞ք է, թե գյուղ։	1. 🗆 Քաղաք	
		2. 🗆 Գյուղ	
3.	Քանի՞ անձից է բաղկացած Ձեր ընտանիքը:	մարդ	
4.	Ձեր գյուղը/քաղաքը համարվու?մ է, արդյոք,	1. 🗆 Այո	
	սահմանային։	2. □ Ոչ	
5.	Ընդհանուր առմամբ, ինչպե՞ս կգնահատեիք	1. 🗆 Միջինից բավականին բարձր	
	Ձեր ընտանիքի նյութական վիձակը:	2. 🗆 Միջինից քիչ բարձր	
	(Կարդացեք պատասխանները)	3. 🗆 Միջին	
		4. 🗆 Միջինից քիչ ցածր	
		5. 🗆 Միջինից բավականին ցածր	
6.	Միջինում ամսական որքա՞ն գումար է	1. 🗆 50,000 դրամից պակաս	
	ծախսում Ձեր ընտանիքը: <i>(Կարդացեք</i>	2. 🗆 50,000 – 100,000 դրամ	
	պատասխանները)	3. 🗆 100,001 – 200,000 դրամ	
		4. 🗆 200,001 – 300,000 դրամ	
		5. 🗆 300,000 դրամ և ավելի	
		6. 🗆 Հրաժարվում եմ պատասխանել	

2. Ծն	2. Ծնողների ժողովրդագրական տվյալներ		
2.1 U	2.1 Մայր		
7.	Խնդրում եմ նշել Ձեր ծննդյան տարեթիվը:	(տարի)	
8.	Ի՞նչ կրթություն ունեք: <i>(Կարդացեք</i>	1. 🗆 Դպրոց (9 տարի կամ պակաս)	
	պատասխանները)	2. 🗆 Դպրոց (10-12 տարի)	
		3. 🗆 Միջին մասնագիտական	
		կրթություն	
		4. □ Ինստիտուտ/Համալսարան	
		5. 🗆 Հետդիպլոմային	
9.	Այս երեխայով հղիանալուն նախորդող 24	1. □ Այո → 1.1 Նշեք, ինչ նյութի հետ	
	ամիսների ընթացքում Դուք աշխատե՞լ եք		
	արդյոք քիմիական նյութերի, գազերի, բենզինի,	2. 🗆 Ոչ	
	ծխի, կամ այլ վտանգավոր նյութերի հետ։		
10.	Ինչպիսի՞ն է ձեր ամուսնական	1. 🗆 Ամուսնացած	
	կարգավիմակը: <i>(Կարդացեք պատասխանները)</i>	2. 🗆 Չամուսնացած	
		3. 🗆 Այրի	
		4. 🗆 Ամուսնալուծված	
2.1.1	Ծխելը		
11.	Երբևէ ծխախոտ ծխե՞լ եք:	1. 🗆 Այո	
		2. 🗆 Ոչ, => Անցնել հարց #14	
12.	Դուք ներկայումս ծխու՞մ եք:	1. 🗆 Այո, ամեն օր	
		2. 🗆 Այո, ոչ ամեն օր, <i>=> Անցնել</i>	
		hարց #14	
		3. □Ոչ, => Անցնել հարց #14	
13.	Միջինում, օրական քանի՞ գլանակ եք ծխում:	գլանակ	
2.1.2	Ալկոհոլի օգտագործում		
14.	Միջինում, որքա՞ն հաձախ եք գործածում ալկոհոլ	1. 🗆 Երբեք	
	պարունակող ըմպելիքներ:	2. 🗆 ամիսը 1 բաժնից քիչ	
	(Կարդացեք պատասխանները և բացատրեք, որ	3. 🗆 ամիսը 1-3 բաժին	
	մեկ բաժին է մի բաժակ գինին կամ մի շիշ	4. 🗆 1-3 բաժին մեկ շաբաթում	
	գարեջուրը կամ մի ըմպանակ լիկյորը, կոնյակը	5. 🗆 4-6 բաժին մեկ շաբաթում	
	կամ օղին)	6. 🗆 7-13 բաժին մեկ շաբաթում	
		7. 🗆 14 և ավելի բաժին մեկ	

2.2 21	այր	
15.	Խնդրում եմ նշել երեխայի hոր ծննդյան	(տարի)
	տարեթիվը.	
16.	Ի՞նչ կրթություն ունի երեխայի հայրը։ <i>(Կարդացեք</i>	1. 🗆 Դպրոց (9 տարի կամ պակաս)
	պատասխանները)	2. 🗆 Դպրոց (10-12 տարի)
		3. 🗆 Միջին մասնագիտական
		կրթություն
		4. 🗆 Ինստիտուտ/համալսարան
		5. 🗆 Հետդիպլոմային
17.	Այս երեխայով Ձեր հղիանալուն նախորդող 24	1. 🗆 Գյուղատնտեսական
	ամիսների ընթացքում Ձեր ամուսինն զբաղվե՞լ է	աշխատանք
	հետևյալ աշխատանքներով. <i>(Կարդացեք</i>	2. 🗆 Էլեկտրիկ
	պատասխանները)	3. 🗆 Վարորդ
		4. 🗆 Մեխանիկ
		5. 🗆 Այլ → մանրամասնեք
2.2	2.1 Ծխելը	
18.	Նա երբևէ ծխախոտ ծխե՞լ է:	1. □ Uյn
		2. □ Ոչ <i>=> Անցնել հարց #22</i>
19.	Նա ներկայումս ծխու՞մ է։	1. 🗆 Այո, ամեն օր
		2. 🗆 Այո, ոչ ամեն օր, <i>=> Անցնել</i>
		hարց #21
		3. □Ոչ, => <i>Անցնել հարց #21</i>
20.	Միջինում, օրեկան քանի՞ գլանակ է ծխում:	գլանակ
2.3 Ct	ւտանեկան	
21.	Ձեր ընտանիքի անդամներից քանի՞սն են ծխախոտ	
	ծխում։	
22.	Մինչև երեխայի հիվանդանալը, որքա՞ն հաձախ	1. 🗆 Ամեն օր
	էին մարդիկ ծխում երեխայի ներկայությամբ` նույն	2. 🗆 Ոչ ամեն օր
	սենյակում:	3. □ Երբեք
23.	Ձեր հղիության ընթացքում և երեխայի ծնվելուց	1. 🗆 Այո
	հետո եղե՞լ է ժամանակ, երբ Ձեր ընտանիքի	2. □ Ոչ
	անդամներից որևէ մեկը գրեթե ամեն օր խմել է	3. 🗆 Չգիտեմ/վստահ չեմ
	ոգելից խմիչքի 5 և ավելի բաժին (օրինակ՝ 5	
	բաժակ գինի կամ 5 շիշ գարեջուր կամ 5 փոքր	
	բաժակ կոնյակ, օղի կամ լիկյոր)։	

24.	Ձեր ընտանիքի անդամներից կամ երեխայի մոտիկ	1. □ Այո → 1.1 Ազգակցական
	ազգականներից (տատիկ, պապիկ, հորաքույր,	կապը երեխայի հետ ————
	հորեղբայր, մորաքույր, քեռի) որևէ մեկի մոտ երբևէ	2. □ Ոչ
	ախտորոշվե՞լ է քաղցկեղ:	
25.	Դուք ունե՞ք արդյոք որևէ արյունակցական կապ Ձեր	1. 🗆 Այո
	ամուսնու հետ։	2. □ Ոչ
26.	Երեխայի տատիկ-պապիկներից որևէ մեկն	1. 🗆 Այո
	ունեցե՞լ է արյունակցական կապ իրար հետ։	2. □ Ոչ
3. Երև	եխայի առողջական վի <u>ճակը</u>	
27.	Որքա՞ն է եղել երեխայի քաշը ծնվելիս։ <i>(Կարդացեք</i>	1. 🗆 2500 գրամից քիչ
	պատասխանները)	2. 🗆 2500-ից 4000 գրամ
		3. 🗆 4000 գրամից ավել
		4. □ չեմ հիշում
28.	Այս երեխան ո՞րերորդ երեխան է Ձեր	(ին)րդ
	ընտանիքում։	
29.	Երեխան ունեցե՞լ է արդյոք բնածին արատ։	1. □ Ujn
		2. □ Ոչ
30.	Ծննդյան առաջին տարում երեխայի մոտ քանի՞	անգամ
	անգամ է ախտորոշվել որևէ ինֆեկցիոն	
	հիվանդություն [՝] ներառյալ գրիպը կամ այլ	
	վիրուսային հիվանդություն։ <i>(եթե ոչ մի ՝նշել 0)</i>	
31.	Երեխան ունեցե՞լ է արդյոք որևէ խրոնիկ	1. □ Այո => <i>1.1 եթե այո, ապա ի՞նչ</i>
	հիվանդություն` մինչև ներկա հիվանդությամբ	<i>հիվանդություն</i>
	հիվանդանալը։	2. 🗆 Ոչ
32.	Երեխան անցե՞լ է որևէ ռենգտեն քննություն՝	1. □ Այո => <i>1.1 եթե այո, քանի</i> ՞
	նախքան հիվանդանալը։	wbqwd
		2. □ Ոչ

4. Հղիւ	4. Հղիության ընթացքի վերաբերյալ			
33.	Ինչպե՞ս եք ծննդաբերել երեխային։ <i>(Կարդացեք</i>	1. 🗆 Հեշտոցային/բնական		
	պատասխանները)	Ճանապարհով		
		2. 🗆 Կեսարյան հատումով		
34.	Հղիության ո՞ր ամսում եք ծննդաբերել երեխային։	1 (ամիս)		
		2. 🗆 Չեմ հիշում		
35.	Մոտավորապես ինչքա՞ն էր Ձեր քաշն այս	1. 🗆 կգ		
	երեխայով հղիանալուց անմիջապես առաջ:	2. 🗆 Չգիտեմ		
36.	Ինչքա՞ն է ձեր հասակը:	1. □uմ		
		2. 🗆 Չգիտեմ		
37.	Երբևէ կերակրե՞լ եք Ձեր երեխային կրծքի կաթով	1. □ Այո, => <i>1.1 Եթե այո, քանի</i> ՞		
		ամիս կամ քանի՞ շաբաթ		
		2. □ ∩չ		
38.	Այս երեխայով հղիության ընթացքում ֆոլաթթու	1. 🗆 Այո		
	ընդունե՞լ եք։	2. □ Ոչ		
39.	Այս երեխայով հղիության ընթացքում սուրձ	<i>3.</i> □ Այո, ամեն օր <i>=> 1.1 Օրեկան</i>		
	խմե՞լ եք։ <i>(Կարդացեք պատասխանները)</i>	քանի՞բաժակ		
		4. 🛘 Այո, ոչ ամեն օր		
		3. □ Nչ		
40.	Օգտագործե՞լ եք ալկոհոլ պարունակող	3. 🗆 Այո, ամեն շաբաթ կամ ավելի		
	խմիչքներ այս երեխայով հղիության	համախ		
	ընթացքում։ <i>(Կարդացեք պատասխանները)</i>	4. 🗆 Այո, ոչ ամեն շաբաթ		
		3. □ ∩չ		
41.	Այդ հղիության ընթացքում միջինը քանի՞			
	անգամ եք սոնոգրաֆիա/ուլտրաձայնային			
	քննություն անցել։ <i>(եթե ոչ մի ՝նշել 0)</i>			
42.	Այդ հղիության ընթացքում ռենգտեն քննություն	1. □ Այո, <i>=> 1.1 Քանի անգամ?</i>		
	անցե՞լ եք։			
40		2. 🗆 Ոչ → Անցնել #44		
43.	Այդ հղիության ո՞ր եռամսյակում եք անցել	1. 🗆 Առաջին		
	ռենտգեն քննություն <i>(նշեք բոլորը</i>	2. 🗆 Երկրորդ		
	պատասխանները,	3. 🗆 Երրորդ		
A A	որոնք համապատասխանում են)։	4.01		
44.	Այդ հղիության ընթացքում հակաբիոտիկներ	1. 🗆 Այո		
	ընդունե՞լ եք։	2. 🗆 Ոչ		

45.	Որևէ հիվանդություն տարե՞լ եք այդ հղիության ընթացքում։	1. □ Այո, → <i>1.1 Ի՞նչ հիվանդություն</i>			
		2. □ Ոչ			
46.	Դուք ընդունե՞լ եք հակաբեղմնավորիչ հաբեր նախքան այս երեխայով հղիանալը։		1. 🗆 Այո 2. 🗆 Ոչ		
47.	Մինչև այս երեխայով հղիանալը ունեցե՞լ եք, արդյոք , վիժումներ։	1. □ Այո => 1.1 Քանի՞ անգամ 2. □ Ոչ			
48.	Մինչև այս երեխայով հղիանալը կատարե՞լ եք, արդյոք, աբորտներ։		1. 🗆 Այո => 1.1 Քանի՞ անգամ 2. 🗆 Ոչ		
49.	Այս երեխայով հղիության ընթացքում ապրե՞լ եք ծանր սթրեսային վիձակ, օրինակ, հետևյալ իրավիձակներից որևէ	1.	□ Բնական աղետ (երկրաշարժ, ջրհեղեղ, հրդեհ)	□ Ujn	□ Ωչ
	մեկը՝ <i>(կարդացեք</i> պատասխանները, և նշեք բոլոր համապատասխանող տարբերակները)	2.	□ Ձեր հանդեպ բոնություն (օր. ծեծ, բոնաբարություն, դանակահարություն, գնդակահարություն)	□ Ujn	□ Nչ
		3.	□ Ձեր կյանքին վտանգ սպառնացող իրադարձություն (օր. վթար)	□ Ujn	□ Ոչ
		4.	□ Միրելի մարդու հանկարծակի մահ	□ Այո	□ ۩٤
		5.	□ Ձեր կամ Ձեր հարազատի մասնակցություն պատերազմական գործողության	□ Ujn	□ N₂
			□ Այլ սարսափազդու իրադարձություն → Խնդրեմ, մանրամասնեք	□ Ujn	□ N _Σ

50.	(Հարցրեք միայն այն մայրերին,	1. 🗆 Ամեն օր
	ովքեր նշել են երբևէ ծխելու	2. 🗆 Ոչ ամեն օր
	մասին)	3. 🗆 Երբեք
	Ի՞նչ հաձախականությամբ եք ծխել	
	այս երեխայով հղիության	
	ընթացքում։ <i>(Կարդացեք</i>	
	պատասխանները)	
51.	Այս երեխայով հղիության	1. 🗆 Ամեն օր
	ժամանակ որքա՞ն հաձախ են	2. 🗆 Ոչ ամեն օր
	մարդիկ ծխել Ձեր ներկայությամբ՝	3. 🗆 Երբեք
	նույն սենյակում: <i>(Կարդացեք</i>	3. L Ծրբաք
	պատասխանները)	
.		
	րտաքին միջավայրի ազդեցություննե	
52.	Ձեր տանն ի՞նչ ջուր եք	1. 🗆 Ծորակի ջուր
	օգտագործում խմելու համար։	2. 🗆 Ջրհորի ջուր
		3. 🗆 Շշալցված ջուր
	0	4. 🗆 Ֆիլտրված ջուր
53.	Ունե՞ք տնամերձ հողամաս/այգի,	1. □ Այո
	որտեղ թունաքիմիկատներ եք	2. 🗆 Ոչ => Անցնել #58
	կիրառում։	
54.	Տարեկան միջինում քանի՞ անգամ	
	եք Ձեր այգում կիրառում (փչում)	
	թունաքիմիկատներ։	
55.	Ո՞վ է սովորաբար այդ	1. 🗆 Դուք (մայրը)
	թունաքիմիկատները կիրառում	2. 🗆 Հայրը
	(փչում)։	3. 🗆 Այլ աշխատող
56.	Որքա՞ն համախ է երեխան ներկա	1. 🗆 Հաձախ
	գտնվել այդ (թունաքիմիկատներ	2. 🗆 Երբեմն
	կիրառելու) ընթացքում։	3. 🗆 Երբեք
57.	Լվանու՞մ եք մրգերը հոսող ջրի	1. 🗆 Այո
	տակ՝ մինչև երեխային տալը (լինի	2. □ Ոչ
	դա Ձեր այգուց թե այլ տեղից ձեռք	
	բերված), կամ երեխան ինքը	
	լվանու՞մ է մրգերը` մինչև ուտելը։	

		-		
58.	Քանի՞ տարի առաջ է ձեր բնակարանը/տունը	տարի		
	կառուցվել <i>(եթե չի հիշում, մոտավոր թիվը</i>			
	հարցրեք)			
59.	<u>Հիմնականում</u> ինչպե՞ս է ջեռուցվում Ձեր տունը:	1. Տաք ջրով (օրինակ`Բաքսի)		
	(Կարդացեք պատասխանները)	2. Էլեկտրական վառարանով		
		3. Ծխնելույզով վառարանով, որն		
		այրում է գազ, նավթ կամ		
		կերոսին		
		4. Փայտի կամ ածուխի		
		վառարանով (ծխնելույզով)		
		5. Աթարի վառարանով		
		6. Անծխնելույզ վառարանով՝		
		նավթավառ, "ֆուջիկա"		
		7. Օջախով		
		8. Այլ կերպ (նշեք)		
		0 01 1		
60		9. Չի ջեռուցվում		
60.	Ինչպե՞ս կգնահատեք Ձեր տան կենցաղային	1. 🗆 Luid		
	պայմանները։ <i>(Կարդացեք պատասխանները)</i>	2. 🗆 Միջին (բավարարում է		
		իիմնական պահանջները)		
		3. 🗆 Վատ		
C4	01 5 1 5 1 1 115 1 40 1 5	4. 🗆 Ujl		
61.	Ձեր բնակության վայրից մինչև 10 կմ	1. □ Ujn		
	հեռավորության վրա կա՞, արդյոք, քիմիական	2. 🗆 Ոչ		
	գործարան։			
62.	Ձեր բնակության վայրից մինչև 10 կմ	1. □ U _J n		
	հեռավորության վրա իրականացվու՞մ է, արդյոք,	2. 🗆 Ոչ		
	որևէ հանքարդյունաբերություն:			
Հարջ	յազրույցի ավարտ : (ժամ։րոպե)			

Շնորհակալություն!