

# American University of Armenia

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Evaluation of Patient-Reported Experiences among cancer survivors in two public hospitals in Yerevan, Armenia, before and after changes in reimbursement policy.

Program Evaluation Framework

by

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# **List of Abbreviations**

PREM Patient-reported experience measure

PROM Patient-reported outcome measure

CAHPS Consumer Assessment of Healthcare Providers and Systems

AUA American University or Armenia

CHSR Center for Health Services Research and Development

IRB Institutional Review Board

RQ Research Question

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#### **Executive Summary**

**Introduction:** Cancer is the second leading cause of death all over the world, but the number of cancer survivors is also increasing. On average, 18.1 million people are diagnosed with cancer in the world annually. Being one of the costliest diseases to treat, cancer patients often face financial difficulties. The cost of the treatment can be a decisive factor in initiating treatment. Cancer survivors must first endure a long, emotionally, and physically stressful treatment period. The quality of provided health care services can have an impact on both treatment processes and outcomes. Patient-Reported Experience Measures (PREMs) is one of the accepted tools to measure patient experiences in hospitals and provide the patients' view on the quality of care.

At the beginning of 2019, the Armenian government implemented a new program that provided financial support to all Armenian citizens newly diagnosed with cancer. The program covers the full cost of surgical treatment for all types of newly diagnosed cancers and provides partial reimbursement for radiotherapy.

**Aim:** The study aims to assess the difference in the PREMs before and after the program implementation, identify the predictors of PREMs, investigate the effect of the program on the patients' financial burden as well as understand how it affected the time from the first diagnosis to the treatment.

**Methods:** The proposed evaluation will utilize a pre-post independent group design. Cancer survivors (n=348), who received the surgical treatment in 2 hospitals in Yerevan Armenia between 1 April and 30 September, 2019, will be interviewed via phone survey. Oral consent will be acquired from all study participants before starting the interview. PREMs will be measured via 9 different domains of the Consumer Assessment of Healthcare Providers and Systems Hospital Survey questionnaire. Additional questions will help to measure financial burden and the time between the diagnosis to treatment initiation. The Institutional Review Board 1 (IRB) of the American University of Armenia approved the study protocol. The study will be completed within two months.

**Analysis:** Descriptive analysis will be conducted to compare patient characteristics using the Chi-square test and Student-t-test for categorical and continuous variables, respectively. I will use scatter plots to assess the trends of PREMs and independent t-test to compare PREMs before and after the implantation of the program.

# Significance:

The study can serve as a baseline evaluation of PREMs under the new governmental program. Moreover, the collected data will help to evaluate the quality of provided cancer care in Yerevan Armenia. The developed questionnaire can be further used as a national cancer PREMs survey tool.

#### 1. Introduction

On average, 18.1 million people are diagnosed with cancer in the world annually. The incidence of cancer is on the rise, becoming a global pandemic. In 2018 over half of all cancer cases were diagnosed in Asia, which is explained by population density.

Approximately 23% of new cases were registered in European countries, probably associated with the increasing average age of Europeans. Cancer incidence is higher in high-income countries than in low and middle-income countries. For example, in 2018 the agestandardized cancer incidence in high-income countries such as Australia and the USA were 468 and 352.2 per 100,000 population respectively. Whereas in the Central African Republic, which is considered as one of the poorest countries, it was 92.4 per 100,000 population. In Armenia, which is a middle-income country, the age-standardized incidence of cancer was 194.8 per 100,000 population in 2018. In 2012, more than 40% of all new cases were diagnosed in countries that had high human development index (HDI) and only 7% in countries that had low HDI.

The ten most commonly diagnosed types of cancers are responsible for over 65% of newly diagnosed cases including the lung, female breast, prostate, stomach, liver, oesophagus, cervix uteri, thyroid, bladder and colorectal cancers. Lung cancer is the most common cancer among male population followed by prostate, colorectal and liver cancer, whereas females are more commonly diagnosed with breast, lung, colorectal, and cervical cancer. <sup>2</sup>

The 5-year prevalence of cancer is approximately 43.8 million people in the world.<sup>8</sup> This number is increasing due to the early diagnosis of cancer and improved survival over the years. Despite the scientific efforts to create new and more effective treatment guidelines,

cancer continues to be the second leading cause of mortality worldwide after cardiovascular diseases. In 2018, 9.6 million people died from cancer in the world.<sup>8</sup> Only one type of cancer – lung cancer – was the most common cause of death in 93 different countries and was responsible for 1.8 million deaths in the world during the same year (or 18.4% of cancer deaths).<sup>1,2</sup>

The incidence of cancer is increasing in Armenia as well. In 2017, 8,389 people were diagnosed with neoplasms in Armenia, which is 14% higher than in 2008 and 63% higher than in 1998. 9,10 Leading types of cancer among the male population were neoplasms of the respiratory system (lungs, broncs and larynges), stomach, bladder, and prostate and among females were breast, cervical, and colon cancers. 10

### 1.1 Quality of provided health care services in cancer treatment

Cancer is an unforeseen event that can happen to every human being. Life after cancer diagnosis changes unexpectedly both for patients and family members who need to adapt to new psychological and physical norms. <sup>11</sup> The quality of provided health care can have a significant impact on the processes and outcomes of treatment as well as on the emotional well-being of patients. <sup>12</sup> A person who has just became a cancer patient may have many questions about the effectiveness of treatment, the severity of side effects and new life after the recovery. <sup>11</sup>

High-quality health care is an aggregate of human efforts, technologies and management to provide the best available treatment and support to patients.<sup>13</sup> Quality of provided cancer care can be perceived from two potentially different, physician and patient perspectives. While physicians could be more concerned about the availability of equipment, adequacy of

facilities and nurse shortage, patients are more focused on the processes of care, for instance communication with doctors, painfulness of treatment, and active decision making. <sup>12,14</sup> Two main measurement domains capture patient perspectives on provided care. The first, patient-reported outcome measures (PROMs), reflect different aspects of patient well-being, such as quality of life, and physical and mental health. <sup>15,16</sup> PROMs are widely used in cancer clinical trials to assess cancer treatment effectiveness and side-effects. <sup>16</sup> The second, patient reported experience measures (PREMs), are commonly used in determining the quality of care from the perspective of health care consumers. PREMs are considered as an objective measure of provided health care services as it eliminates the subjectivity associated with the reported patient satisfaction. <sup>12</sup> In comparison to PROMs, PREMs do not refer to the outcome of the treatment but reflect the process of it. <sup>12</sup> They are used as indirect indicators of the quality of the provided health services.

# 1.2 Financial toxicity and cancer outcomes

Cancer is one of the costliest diseases to treat, <sup>17</sup> and the cost of treatment is continuously increasing . <sup>18,19</sup> Per cycle costs of newly approved cancer drugs vary from around \$10,000 to 100,000 in the USA. <sup>20</sup> Being only 2% of prescriptions made by US doctors, cancer drugs accounted for about 30% of overall spending for medications by insurance companies. <sup>20</sup> In Australia, the average cost of prescribed cancer drugs are approximately 2.5 times higher than the average cost of therapeutic medications during the last decade. <sup>21</sup> The price of the same drug can be different based on the field of usage. For instance, in the USA the cost of medicines that contain monoclonal antibodies is much higher when used in oncology than when used in immunology, allergology, cardiology, and endocrinology. <sup>21</sup>

The financial burden can influence patients' decisions about the initiation or continuation of cancer care. Patients and their families appear in the vicious circle of financial problems. Having cancer leads to a decrease in working capacity, which directly reduces the income of the family. Thus, financial toxicity or burden can lead to catastrophic expenditures, which occur when one spends a relatively significant part of household income on medical services. 22

Cancer outcomes can vary by patients' socio-economic status, race and type of insurance.

These differences can be explained by inequities in access to treatments as well as differences in lifestyles. 19,23 Low social economic status was correlated with late-stage diagnosis among patients with prostate and breast cancer. 23 Introduction of health insurance is one of the effective ways to improve access to cancer treatment. 24,25

# 1.3 Oncological services in Armenia

As a part of the national program against cancer, at the beginning of 2019, the Government of the Republic of Armenia changed the financing mechanism for the cancer treatment. The three main cancer treatment modalities include surgery, radiotherapy and chemotherapy. Previously, a 2011 order of the Minister of Health, established a co-payment scheme for surgical treatment. The surgery techniques were classified into different categories, and for each category a fixed reimbursement established. This approach was not a traditional co-payment mechanism as patients were supposed to pay more than 50% of the cost, whereas originally co-payments were created as a good method to control the moral hazard.

According to the new national program, introduced in 2019, surgical treatment for all types of cancer for Armenian citizens are fully reimbursed by the Armenian Government. For the chemotherapeutic treatment for each patient 150,000 AMD is allocated each year which was

paid with restrictions, with no more than 30,000 AMD paid for each course of treatment. If the patients are included in a vulnerable group (i.e., disabled population, WWII veterans, orphans, or children <18 years old without parental care and those related to them, children <18 years old in families with disabled members, children <18 years old in families with four or more children, <18 years old disabled children, children in orphanages and adults in nursing homes) the amount of reimbursement for the chemotherapeutic treatment is doubled.<sup>28</sup> The new national program does not include any changes in compensation for chemotherapeutic treatment. The payment for the radiotherapy was changed to differentiate services by the specific type of radiotherapeutic appliance used, such as linear accelerators which have power 15 Megavoltage and higher. Previously, the reimbursement for the single procedure was set as 26,500 AMD and after the changes it was almost doubled, reaching 46,500 AMD.<sup>29</sup>

#### 1.4 Study rationale

In Armenia, no prior study examined patient-reported experiences among patients who received surgical treatment for cancer, neither before the implementation of the new national program nor after. In addition, it is not a common practice to evaluate PREMs in any types of patients. Therefore, it is important to collect information about the experience of patients regarding provided oncological services and evaluate the quality of provided cancer care. Such study can serve as a baseline evaluation of PREMs under the new governmental program and can be monitored continuously thereafter. The developed questionnaire can be further used as a national cancer PREMs survey tool.

#### 2. Aim and study objectives

The study aims to evaluate patient-reported experiences of care among patients with cancer in Armenia. The <u>primary objective</u> of the study is to compare patient-reported experience measures among cancer survivors who received the surgical treatment before and after the implementation of the new government program in Yerevan, Armenia, 2019 and assess for meaningful differences.

### The secondary objectives are to:

- assess the effect of the program on time between first diagnosis to treatment initiation;
- investigate the effect of the program on the patients' financial burden.
- identify the determinants of patient-reported experiences among cancer survivors in Armenia;

#### 3. Conceptual framework

Several concetual frameworks attempt to measure the quality of the services provided in health care settings. The Hierarchical Model of Health Service Quality Scale served as a base for the Agency for Healthcare Research and Quality in the process of creation the HCAPHS hospital service questionnaire (Figure 1).<sup>30,31</sup> The framework was created by Dagger et all and has four constructs that explore different aspects of the patient experience including interpersonal quality, technical quality, environment quality and administrative quality.<sup>30</sup> The authors of the framework emphasized the quality of interpersonal communication inside the hospital such as respect and dignity towards the patients.<sup>30</sup> Technical quality of provided care such as pain management, involvement of patients in the process of decision making about the treatment as well as physical environment of the hospital affect the attitude toward

the care process.<sup>30</sup> And finally, the administrative aspects of the treatment can form the perception of the quality of provided care.<sup>30</sup>

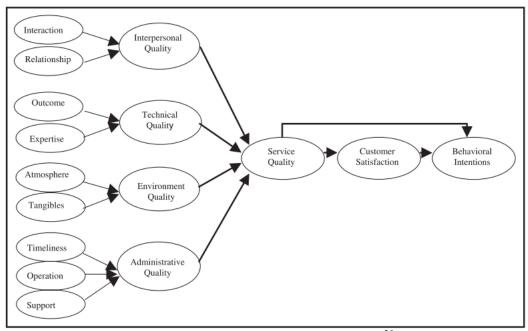


Figure 1: A Hierarchical Model of Health Service Quality<sup>30</sup>

#### 4. Literature review

One of the most important aspects of patent experience is communication with patients. Poor communication between healthcare providers and patients can influence the psychological health of patients leading to a denial of the disease,<sup>32</sup> depression and anxiety.<sup>33</sup> Relationships between cancer patients and doctors should be formed on active listening, informed decision making, personal needs of patients. A large gap exists between the needs of patients and what doctors think they need.<sup>34</sup> Thus, the literature emphasizes the importance of patient involvement in the decision-making process.<sup>14,35</sup> In a systematic review, Beck et al presented evidence of favorable health outcomes being associated with verbal communication.<sup>36</sup> Patients have higher satisfaction and increased compliance with their treatment when doctors provide emotional support as well as discuss their feelings.<sup>37</sup> Moreover, the treatment process benefits if doctors use less technical words so patients have no difficulties understanding the

disease or the treatment. Additionally, younger patients usually are more interested in receiving detailed information.<sup>38</sup> Misunderstandings can occur between doctors and patients, when patients bring up detailed information about feelings, thinking that it could be important, whereas doctors do not emphasize the emotional aspect of treatment.<sup>37</sup> Additionally, it is important to involve family members in the decision-making process.

Family is the primary supporting institution for cancer patients both emotionally, physically, and financially. Interestingly, the role of family members can vary in different cultures.<sup>39</sup> In western countries, information about the diagnosis is delivered directly to the patient.<sup>40</sup> Whereas in eastern countries such as Japan, doctors initially will consult with family members and then after with the patients.<sup>41</sup> No studies conducted in Armenia have explored this aspect of cancer care, although the cultural aspect of treatment is similar to eastern countries. Considering these cultural differences, doctors should be prepared to deliver the information about the diagnosis and prognosis of the treatment to both family and patient.<sup>37</sup> Involvement of patients and their family members in treatment process can improve the experience during the treatment and impact the positive outcomes.<sup>42</sup> "Patient involvement in the treatment process" includes the clear explanation of treatment stages, effects of prescribed drugs as well as detailed information about possible side effects of both treatment and drugs.<sup>42,43</sup> Only having complete information patients can become active decision makers, which is associated with better patient-reported experience.<sup>44</sup>

Physical comfort also can influence patient experience during the treatment. Cancer treatment often is associated with severe pain, which can significantly affect the quality of life of patients. Additionally, patients might require assistance with daily activities during the treatment, which directly influence the psychological perception of treatment from patients'

point of view.<sup>24</sup> And finally, the environment in hospitals needs to be adapted to the patients' needs as well as be clean and calm to have a positive impact on the process of treatment.<sup>35</sup>

After treatment in hospitals, cancer survivors usually require special care at home such as management of specific symptoms, fatigue, and pain.<sup>47</sup> They demand proper nutrition and emotional support.<sup>47</sup> Both family members and patients must be prepared and taught how to deal with difficulties that occur after discharge.<sup>35</sup> The plan of the care should be adapted to the needs and available conditions of patients.<sup>24</sup> Cancer patients might need assistance after the release from the hospitals. Therefore, accessibility to medical personnel after office hours is essential. <sup>24,35</sup>

By setting standard procedures to measure PREMs, hospitals can increase the effectiveness of their treatment, improve the quality of treatment, and address the true expectations of patients. 48 PREMs can be classified into two groups, relational and functional. Relational PREMs are used to explore the relationships of medical personal, support staff and patients. 12 Functional PREMs are utilized to identify practical issues such as access to treatment. 12

Since 2008 in the USA, the Consumer Assessment of Healthcare Providers and Systems (CAHPS) program has been launched with an overarching aim to increase scientific knowledge based on the consumers' point of view. It provides patients with an opportunity to share their experiences related to treatment plans, health care providers and organization of facilities. Every patient who receives care in hospitals has a chance to participate in the assessment. Participants are selected randomly, and around 300 patients are surveyed annually from each hospital. Data are collected by the hospitals and reported to the CAHPS Project Team quarterly, which analyzes and reports results back to the hospitals. Since April

2015, the collected information has been used for publicly reported hospital rating, which makes easier for patients and family members to select hospitals. The summary results of CAHPS Star Ratings are freely available on the CAPHS official website.<sup>49</sup> Other countries have embraced regular PREMs reporting. Based on CAHPS, for example, the Canadian Patient Experiences Survey was created, which is a standardized tool that collects data about PREMs in Canada.<sup>50</sup> PREMs are being extensively utilized as the indicators of quality of care in the UK and Netherlands as well.<sup>12</sup>

### 4.1 Factors influencing PREMs

PREMs can be influenced not only by the quality of provided care but also by patient characteristics. 48 These factors are interrelated, and it is hard to assess the effect of a specific element on patient-reported experience accurately. Experiences of cancer survivors can be different depending on age, gender, cancer type and stage, residential status, education level and financial status, the financial burden of treatment and other factors.<sup>51</sup> The literature demonstrates that one of the main factors influencing patient experience is the education level. Studies reported on the negative association between education level and reported patient experience score. 51,52 Previous studies showed that older survivors are more likely to provide higher scores for overall experience in comparison with younger patients<sup>12</sup> since they usually demonstrate better psychological adaptation to the new reality and cancer compared with younger patients.<sup>53</sup> However, the impact of age on patient-reported outcomes varies. Avis et al. reported that age could also be negatively associated with PREMs, given the prescribed treatment; younger patients, who are usually healthier, might receive more aggressive treatment which could negatively impact the experience of care.<sup>54</sup>At the same time, older patients with impaired physical health are more likely to develop complications during the treatment, which could also negatively affect the PREMs.<sup>55</sup>

Literature suggests a strong positive correlation between self-reported health status and PREMs.<sup>56</sup> Additionally, mental health or emotional well-being can positively impact the experience of cancer survivors.<sup>56</sup> Cancer type and stage can also affect the patient-reported experience. <sup>51,56</sup> In a study by Halperna et al. patients diagnosed with lung cancer were more likely to have lower PREMs in comparison with breast, colorectal and prostate cancer survivors. <sup>56</sup> PREMs can be influenced by the amount of out-of-pocket expenditures. <sup>56</sup> The financial burden of cancer treatment can harm the experience of patients while receiving services. <sup>56</sup>

#### 5. Methods and Materials

### 5.1 Study design

I will conduct a phone survey and use a separate sample (independent) pre-post design to evaluate the PREMs of cancer survivors before and after the implementation of the national cancer program. The pre-program time period will include patients who received cancer surgery between 1 April and 6 July 2019. The post-program period will include patients who received cancer surgery between 8 July and 30 September 2019. Patients will be recruited from the two hospitals that provided cancer surgery services both before and after the implantation of the program. The selected study design will provide the opportunity to answer the research questions and will be feasible given the study time frame. While it may be subject to recall bias since data will be collected more than one year after receiving the care in the hospitals, I can use these findings to establish a basis at this time of policy transition and the need for a more rigorous prospective study.

### 5.2 Sample size calculation

The sample size was calculated based on the formula for independent group pre-post design and then inflated by design effect to account for the clustering.<sup>57</sup> The primary outcome is the PREM before and after the intervention. The sample size was calculated based on one of the nine domains in the CAHPS questionnaire, based on a single question asking patients to provide the "Overall rating of the hospital" on a scale from 0 to 10. The literature does not establish clinically meaningful difference for this scale. Considering that the scale for the outcome variable has an increment of 1, I assumed the effect size of 1 to be a meaningful difference in the scope of this study. I considered the standard deviation of 2.01 from the survey conducted to compare patient experience in two hospitals during the CAHPS Hospital Survey questionnaire validation process.<sup>31</sup> The sample size was calculated with  $\alpha$ =0.05 and power=0.80. First, the formula for two sample means comparison was applied

 $n_1 = 2\sigma^2 \frac{(Z_{\alpha/2} + Z_{\beta})^2}{d^2}$ , where  $\sigma^2$  is variance of the outcome variable and d is the meaningful difference,  $n_1$  is the sample size per group required under the assumption of independent samples,

$$n_1 = 2 * 2.01^2 \frac{(1.96 + 0.842)^2}{1^2} = 64$$

Considering the fact that patients received the treatment in the same hospitals both in pre and post-observation period, responses are likely correlated. Therefore, I inflated the computed sample size by design effect and estimated the final sample using the following formula:

$$n_c = \frac{n_{1[1-\rho]}}{k - n_1 \rho}$$

where  $n_c$  is the sample size per cluster,  $\rho$  is the correlation within the cluster, and k is the number of clusters.

As there are no similar studies that measure the correlation in the quality of provided services score reported by patients that were treated in the same hospital, I assumed the largest correlation of 0.02 that provides the meaningful sample size given the limited number of available clusters (k=2).

$$n_c = \frac{64_{[1-0.02]}}{2-64*0.02} = 87$$
 per each cluster

Hence, the required sample is 87 before and 87 after the implementation of intervention per each hospital, with the total target sample size (accounting for two hospitals) of 348 patients.

#### 6. Study setting and population

### **6.1 Study centers**

The largest center that provides surgical and non-surgical treatment to the patients diagnosed with cancer is the National Center of Oncology named after V.A. Fanarjyan in Yerevan, Armenia. Cancer treatment services (although not in full spectrum) are also provided in other urban hospitals such as Nairi Medical Center, Shengavit Medical Center, Erebuni Medical Center, Medline Clinique, ArtMed Medical Center and Surb Grigor Lusavorich Medical Center and others.

I included the only two hospitals in Yerevan, Armenia that provided surgical treatment for cancer before implementation of the new program: the V.A. Fanarjyan National Oncology

Center and the Surb Grigor Lusavorich Medical Center. The National Oncology Center had the biggest share of the reallocated money after the implementation of the program.

### **6.2 Study population**

The study target population is the patients who received the surgical treatment for cancer in Armenia before and after the implementation of the new national cancer program. The study population includes patients who received cancer surgery at the National Oncology Center or at the Surb Grigor Lusavorich Medical Center, Yerevan, Armenia. Cancer survivors who underwent cancer surgery during the defined pre- and post-program implementation periods in these two hospitals will be included in the sample population. The main focus of the study are patients who underwent surgical treatment as chemotherapeutic treatment did not change under the new program.

#### 6.3 Study eligibility criteria

Patients will be eligible to the study if they were 18 years old at the time of diagnosis and received surgical treatment during the six months (April - September 2019) in the selected study hospitals. Patients with all stages of cancer and types will be included in the study. Participants should be fluent in Armenian or English and be Armenian citizens. If the patient had more than one surgery during these months, he/she will be surveyed only regarding the experiences around the first surgery.

#### **6.4 Sampling strategy**

Each hospital is considered a cluster as it most likely serves similar types of patients. Simple random sampling will be applied within each cluster (i.e., hospital) to identify 87 patients in the pre-implementation and post-implementation groups, respectively. E-health data collected

in hospitals for claims purposes submitted to State Health Agency in Armenia will be used as a sampling frame. The database also captures the ICD-10 diagnostic codes for cancers and patient contact information. Each claimant in the database who had a cancer surgery between April - September 2019 will be assigned a sequential number after which I will randomly select study participants using the "RANDBETWEEN" function in Excel. Thus, I will have 174 patients who receive the treatment before and after the initiation of the program, respectively.

#### 7. Sources of data

#### 7.1 Study variables

I will summarize the following variables/domains of interest to describe patient reported experiences in the study (Table 1): care from nurses, care from doctors, hospital environment, experience in the hospital, overall rating of the hospital, care after the discharge, care from medical center and contacting surgery team which are continuous variables and pain during the treatment which is a dichotomous variable. Time between diagnosis and surgical treatment is a continuous variable which indicates an average waiting length in months.

Financial burden is a continuous variable, describing the hardship of the patient and family members during the treatment and will be assessed based on the scale from 0-10. Informal payment is a binary variable with yes/no responses. Additionally, the study participants will have an option to specify the amount of payment if they selected "yes" in a previous variable. The main independent variable of the study is the implementation of the intervention defined by study pre-implementation and post-implementation group designation variable. Other important covariates of interest are age, gender, education level, self-reported mental health,

self-reported physical health, residential status and monthly expenditures as an indicator of the financial status.

Table 1: Independent and dependent variables

	сс	Type	Range
	9 Domains of PREMs*		
	Care form nurses	Continuous	1-4
	Care form doctors	Continuous	1-4
	Hospital environment	Continuous	1-4
	Experiences in the hospital	Continuous	1-4
	Care after the discharge	Continuous	1-4
Dependent	Care from medical center	Continuous	1-4
end	Pain during the treatment	Binary	Yes/No
eb(	Overall rating of the hospital	Continuous	0-10
	Contacting surgery team	Continuous	1-3
	Secondary outcome variables		
	Financial burden	Continuous	0-10
	Informal payment	Binary	Yes/No
	Informal payment amount	Continuous	
	(AMD)		
	Time to treatment	Continuous	Months
	Age	Continuous	Years
	Gender	Binary	Male/Female
	Residential status	Binary	Yerevan/non-Yerevan
	Education level	Ordinal	School (< 10 yrs);
			School (10 yrs);
			Professional technical education (10-13 yrs);
nt			University;
nde			Postgraduate
Independent	Self-reported physical health,	Ordinal	Excellent; Very good; Good; Fair; Poor
	Self-reported mental health	Ordinal	Excellent; Very good; Good; Fair; Poor
	Monthly expenditures	Ordinal	<50,000;
	(AMD)		50,001 - 100,000;
			100,001 - 200,000;
			200,001 - 300, 000; > 300,001
			~ 300,001
	Inclusion in the program	Binary	Yes/No

<sup>\*</sup>Each of nine domains of PREMs is composed of 1 to 5 items (Appendix 2). The composite score for each domain is calculated as an average score of the items within the domain.

#### 7.2 Data collection

Two trained interviewers will do data collection. Interviewers will participate in two-day trainings based on the interviewer manual. (Appendix 1) Data will be collected via phone surveys and simultaneously entered in an electronic database in SPSS software. The data collection process will require two months. Paper-based questionnaires will be kept in a safe place, and only student investigator and research assistants will have access to the data. I will conduct data cleaning procedures such as double data entry and range check to minimize errors. Each questionnaire will have an ID number in order to correct the inaccuracies that will be found as a result of data cleaning. After the data cleaning, missing values will be assessed. Data analysis will be done after the data cleaning using STATA software.

#### 7.3 Survey procedure

After assessing for eligibility, the interviewers will contact the potential participant using the phone number in the e-record. They will inform about the ongoing study, read the consent form and ask about the willingness to participate in the survey. If the participant agreed to participate, the interviewer will administer the survey. The interview can be conducted when the phone call was made or later, at the agreed time convenient for the patient. If the phone number belongs to a person other than the patient, interviewers will present the study, and the contact number of the patients will be asked from the owner of the given number. If the patient deceased, the interviewers will apologize for the disturbance and politely complete the conversation.

#### 7.4 Study instrument

The CAHPS Hospital Survey instrument was selected as the study instrument as it is coherent with the research question and conceptual framework. The validated questionnaire measures

seven different dimensions of patient experiences including communication with nurses, communication with doctors, hospital environment, experience in the hospital, discharge information, overall rating of the hospital and care transition.<sup>49</sup> The Spearman-Brown reliability ranges from 0.80 to 0.93 for different domains of the questionnaire. Cronbach's alpha, which tests the internal consistency, Cronbach Alfa of the various domains of the instrument was found to be between 0.51 -0.86 <sup>49</sup>. The tool has also been shown to have high criterion validity. <sup>49</sup>

The original CAPHS Hospital Survey instrument has the following domains: "Care from nurses" (4 items), "Care from doctors" (3 items), "Hospital environment" (2 items), "Experiences in the hospital" (5 items), "Overall rating of hospital" (1 items), Understanding the care when you left the hospital" (3 items). Additionally, three more domains from the cancer specific HCAPHS questionnaire such as "Your care from this cancer center" (3 items), "Contacting your cancer surgery team" (3 items) and "Pain management" (2 items), were also added to the questionnaire. The questions about the demographic characteristics (education level, monthly expenditures, self-reported mental and physical health) were developed based on the same CAPHS Hospital Survey tool and questions from the existing Armenian instruments published by CHSR.<sup>58</sup> Additional questions about the time of diagnosis and type of treatment were added to this section. Three questions about the National Program was created. The utilization of the CAHPS Cancer Care questionnaire was omitted, considering that the diagnosis of cancer is not always disclosed to patients in Armenia and patients might not be aware of their cancer. The used questionnaire was changed in a way, that if a person is not aware of their disease, will not be able to guess it from the study. For the same reason, the word "cancer" was excluded from the questionnaire and referred as 'the condition for which you had a surgery'.

The final questionnaire has an overall 37 items, measuring 9 different domains as described. "Care from nurses", "Care from doctors", "Hospital Environment", "Experiences in the hospital" and "Your care from this cancer center" are measured in the 4-item scale from "Always, Sometimes, Usually, Never". "Overall rating of the hospital" has two items which will be measured form the scales from 0 to 10. And finally, two domains "Contacting your cancer surgery team" and "Understanding your care when you left the hospital" will be measured with the following options: "Strongly disagree, Disagree, Agree, Strongly agree".

The final version of the questionnaire was developed in English and adapted to the local context, considering the fact that in Armenia, many patients could be not aware of their final diagnosis. The questionnaire was translated into Armenian by two separate translators. Afterwards, the final version of the Armenian questionnaire was created and translated back into English by a bilingual native speaker. The translated English version was compared with the original questionnaire in order to assess the quality of translation. Final version of the instrument both in Armenian and English is attached in *Appendix 2* and *Appendix 3* respectively.

### 8. Statistical analysis

Descriptive analysis will be conducted to characterize patients in pre- and postimplementation periods. Categorical and ordinal variables such as gender, education level, residential status, self-reported mental and physical health and monthly expenditures will be summarized as frequencies and percentages and compared using Chi-square test and continuous variable-age will be described as mean value and standard deviations (or as median and interquartile ranges if non-normally distributed variables) and compared using Student-t-test as applicable. (Table 1).

Descriptive analysis followed by hypothesis testing will be conducted to evaluate each outcome outlined in research questions:

*Primary objective.* Differences in patient-reported experiences between cancer survivors who received surgical treatment before and after the implementation of the program will be evaluated through individual domains of PREMs. Pain during treatment, a binary variable, will be presented as counts and percentages and the values before and after implementation the program will be compared using Chi-square test. Care from doctors, care from nurses, experience in the hospital, overall rating of the hospital, care after the discharge, care from medical center and contacting surgery team which are continuous variables will be described as mean/median and standard deviations/interquartile ranges and compared using Student –t-test or two-sample Mann–Whitney U Test respectively.

Secondary Objectives. Time between the first diagnosis and treatment initiation (Objective 2) and financial burden (Objective 3) before and after implementation of the program, both continuous variables, will be analyzed similarly. Additionally, the number of patients who gave informal payments as well as the amount of it will be compared before and after the program using Chi-square test and Student –t-test or two-sample Mann–Whitney U Test respectively.

In the literature, the overall rating of the hospital is often used as an indicator of overall PREMs. Thus, for the purpose of this study, scores on overall hospital rating will represent the overall patient experience with hospital services. To identify determinants of patient overall experience, I will conduct unadjusted and adjusted linear regression analyses (*Objective 4*). A univariable regression will be performed to estimate the effect of age, gender, education level, self-reported mental health, self-reported physical health, residential status and monthly expenditures on overall hospital rating. Variables with p< 0.25 will be further included in multivariable regression analysis. I will use step-wise backward elimination procedure for model selection. A final model will be selected based on Akaike information criterion. <sup>59</sup> Statistical significance will be considered at p <0.05 for all tests. Analysis will be completed using STATA software.

### 9. Logistic considerations

The study will take two months to complete, starting from July 6, 2020 (*Table 3*). Two trained interviewers will complete the data collection for three weeks. Double data entry will be done simultaneously with data collection. The study coordinator will do spot checks for two interviews per day on the same day of the interview. Data cleaning and analysis will require tree weeks starting from August 3, 2020. The study investigators will analyze data and prepare the final report.

Table 2. Timelines of the study

Procedure	Date of	Duration
	initiation	
Data collection	July 6, 2020	3 weeks
Data Entry	July 7, 2020	4 weeks
Data cleaning	August 3, 2020	1 week
Data analysis	August 10, 2020	2 weeks
Final report to present the results	August 24, 2020	2 weeks

#### 9.1 Study personnel

The study personnel will include a coordinator, two interviewers who will also complete the data entry and a statistician. The study coordinator will be responsible for (1) the coordination of the study in compliance with the study protocol and timelines, (2) training of the interviewers, (3) ensuring implementation of proper procedures to maintain confidentiality (4) quality control of data collection (e.g., spot checks) and data entry and (5) drafting the final report under the guidance of study investigators.

### 9.2 Study budget

The financial resources of the proposed research will be allocated between the salaries for hired personnel and operational cost of the study. Two hired interviewers and two data enterers will be paid on hourly bases, whereas the study coordinator and statistician will have a fixed salary. Staff costs are calculated based on average operating salaries in non-governmental research organizations in Armenia (Table 4). The operational costs will include phone bills as well as costs of printing materials. The office rent was calculated based on the average cost of the small office in Yerevan and can be revised if the funding organization provides the operating office. The overall budget of the proposed study is 667,500AMD including 557,600 AMD in total for personnel costs and 109,900 AMD for operational costs (Table 4).

Table 3. Budget allocation

Service	Unit type	Number of units	Cost per unit in AMD	Final Cost	
Personnel					
Study coordinator	Monthly salary	2	80,000	160,000	
Interviewer	Hours	118	1,200	115,000	
Data entry clerk	Hours	48	1,200	57,600	
Statistician	Monthly salary	1	225,000	225,000	
Total cost for personnel				557,600	

Operational costs					
Printing cost: Questionnaire	6 pages/ Double sided	370	8	17,760	
Printing cost: Journal Forms and training materials	Single sided	42	12	500	
Stationary (Pen, pencils, notebooks)		1	8,000	8,000	
Phone bill	Cost per minute	5,576*	15	83,640	
Total operational cost			109,900		
			Total budget	667,500	

<sup>\*</sup>Total number of minutes were calculated based on 15 minutes/call for 354 calls and 5 % for the spot checks and additional calls.

#### 10. Ethical considerations

The Institutional Review Board 1 (IRB) of the American University of Armenia approved this study protocol (PROTOCOL #: AUA-2020-003) (Appendix 4). I conducted the pretest of the questionnaire among ten cancer survivors after the approval.

Oral consent will be acquired from all study participants before starting the interview (Appendix 5, Appendix 6). The information obtained from the study participants will be confidential and will be used only for study purposes. The phone numbers of participants will be obtained from the e-health database in an electronic version. Phone numbers will not be printed but kept in an electronic password protected file. All selected participants will be given an ID, which will be linked to phone numbers. Study database that will capture survey responses will only have patient IDs (no phone numbers, names or any other identifiers). Patients who refuse to participate will be accounted for in the journal form and reasons for refusal recorded (Appendix 7). Any study-related hard copy documents (journal forms, questionnaires if paper forms are used) will be stored in a locked cabinet at CHSR, AUA. The electronic study databases will be password protected and kept in a password protected

computer. Only the research team, which includes student investigator and co-investigators, will have access to data.

# 11. Significance

Quality of provided care and financial burden of care can have a direct influence on treatment outcomes. Thus, to assess the quality of care from a patient's perspective, I propose to measure patient-reported experiences among cancer survivors who underwent the treatment before and after the implementation of the nationwide financial program which aimed to relieve the financial burden among Armenian citizens diagnosed with neoplasms. The findings of the study will provide baseline evaluation for the national program and potentially create foundation for continuous reporting of consumers' perspectives on provided cancer care in Armenia. The results of the survey will help to identify the areas for improvement as well as emphasize the stronger aspects of care. The adapted instrument can be further used for the annual nationwide surveys to evaluate PREMs among cancer survivors.

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#### **Appendix 1. Interviewer guide (Armenian version)**

#### ՈԻՂԵՑՈՒՅՑ ՀԱՐՑԱՂՐՈՒՑԱՎԱՐՆԵՐԻ ՀԱՄԱՐ

Քաղցկեղով հիվնադների շրջանում բուժառուների փորձառության փոփոխության գնահատում ֆինանսավորման վերաբերյալ օրենքի ներդրման արդյունքում երկու հանրային հիվանդանոցներում, Երևան, Հայաստան։

### Ծանոթություն ծրագրին

Այս հետազոտության նպատակն է ուսումնասիրել և համեմատել քաղցկեղով հիվանդերի շրջանում բուժառուների փորձառությունը, որոնք բուժում են ստացել 2018 հոկտեմբերից մինչև 2019 թվականի մարտ ամիսը ընկած ժամանակահատվածում Վ. Ա. Ֆանարջյանի անվան Ուռուցքաբանության Ազգային Կենտրոնում կամ Սուրբ Գրիգոր Լուսավորիչ բժշկական կենտրոնում։ Այդ նպատակով կատարվելու է հետազոտություն հեռախոսազանգերի միջոցով։

### Հարցմանը ենթակա բնակչությունը

Հետազոտությանը մասնակցելու են Հայաստանի Հանրապետության այն քաղաքացիները, որոնք ստացել են վիրահատական բուժում կա՛մ Վ. Ա. Ֆանարջյանի անվան Ուռուցքաբանության Ազգային Կենտրոնում, կա՛մ Սուրբ Գրիգոր Լուսավորիչ բժշկական կենտրոնում։ Մասնակիցները բաժանվել են երկու խմբի՝ կախված բուժումը ստանալու ժամանակահատվածից։

# Հարցագրուցավարների նախապատրաստում

Հետազոտությանը մասնակցելու համար ընտրված հարցազրուցավարները պետք է մասնակցեն երկժամյա ուսուցմանը։ Ուսուցման ընթացքում նրանք կծանոթանան հետազոտության նպատակին, իրենց գործողությունների կարգին և հերթականությանը։ Դասընթացի ընթացքում հարցազրուցավարները հնարավրություն կունենան կարդալ հարցաթերթիկը և փորձարկել հարցազրույցի ընթացքը միմյանց հետ։

Հետազոտության ընթացքում հարցազրուցավարին կտրամադրվեն հարցաթերթիկներ և հարցման մատյանի ձև, որոնք պետք է լրացվեն յուրաքյանրյուր հեռախոսազանգի ժամանակ։ Մեկ հեռախոսազրույցի տևողությունն է 10-15 րոպե։

### Հարզագրուգավարների պարտականությունները

Հետոզոտության համակարգողը կտրամադրի հարցազրուցավարներին բուժառուների աննունները և հեռախոսահամարները։ Հարցերի դեպքում հարցազրուցավարը պետք է կապ հաստատի հետազոտության համակարգողի հետ և չկայացնի ինքնուրույն որոշումներ։

Հարցազրույցը տեղի կունենա Ամերիկյան Համալսարանի Հանրային Առողջության Ֆակուլտետի Սոխիկյան գրադարանում։

# <u>Ներածություն հարցագրուցավարի համար</u>

Բարև Ձեզ։ Իմ անունը Մերի է։ Ես Հայաստանի Ամերիկյան Համալսարանի Թրփանճեան Հանրային առողջապահության ֆակուլտետի ավարտական կուրսի ուսանող եմ և այժմ աշխատում եմ իմ մագիստրոսական թեզի վրա, որի նպատակն է գնահատել բուժառուների փորձառությունը Քանաքեռի հիվանդանոցում / Սուրբ Գրիգոր Լուսավորիչ ՔԿ-ում բուժում ստանալիս։ Ձեր հեռախոսահամարը տրամադրվել է Առողջապահության Նախարարության կողմից։ Ձեր կողմից տրամադրված ինֆորմացիան կմնա գաղտնի։

(Հարցազրուցավարի համար) Ես Հայաստանի Ամերիկյան Համալսարանի Առողջապահական ծառայությունների հետազոտման և զարգացման կենտրոնից եմ։ Իմ անունն է \_\_\_\_\_: Այժմ իրականացվում է մի հետազոտւթյուն, որի նպատակն է զնահատել բուժառուների փորձառությունը Քանաքեռի հիվանդանովում / Սուրբ Գրիգոր Լուսավորիչ ԲԿ-ում բուժում ստանալիս։ Ձեր հեռախոսահամարը տրամադրվել է Առողջապահության Նախարարության կողմից։ Ձեր կողմից տրամադրված ինֆորմացիան կմնա գաղտնի։

### **ԿԱՍԿԱԾԻ** դեպքում

Հարցումը անանուն է, իսկ հեռախոսահամըները կոչնչացվեն անմիջապես հետազոտության ավարտից հետո։ Տրամադրված տվայները կօգնեն բարելավել հիվանդանոցային ծառայությունների որակը։ Հետազոտության տվալները չեն վնասելու ո՛չ բժիշկներին, ո՛չ բուժքույրերին, ո՛չ բուժանձնակազմի այլ անդմաներին։

### • <u>ՄԵՐԺՄԱՆ</u> դեպքում

Շնորհակալություն հայտնել մասնակցին տրամադրած ժամանակի համար և պարզել մերժման պատճառը։

# • ՀԱՄԱՁԱՅՆՎԵԼՈՒ դեպքում

Շնորհակալություն հայտնել և ստուգել մասնակցի համապատասխանությունը։

Արդյոք դուք ստացել եք բուժում Քանաքերի հիվանդանոցում/ Սուրբ Գրիգոր Լուսավորիչ Բժշկական կենտրոնում 2018 հոկտեմբերից մինչև 2019 մարտ ընկած ժամանակահատվածում։

- Եթե մասնակիցը **ՀԱՄԱՊԱՆԱՍԽԱՆՈԻՄ Է** հետազոտության չափանիշներին կարող եք շարունակել հարցազրույցը և անցնել բանավոր համաձայնության ձևին։
- Եթե մասնակիզը <u>ՉԻ ՀԱՄԱՊԱՆԱՍԽԱՆՈՒՄ</u>
- **1.** կարող եք խնդրել, եթե հանարավոր է տրամադրել բուժառուի կոնտակտային տվյալները
- 2. եթե բուժառուն այլևս կենդանի չէ, ասել որ ցավում եք կորստի համար, ներողություն խնդրել անհանգստացնելու համար և ավարտել հարցազրույցը

Ավարտելիս շնորհակալություն հայտնել մասնակցության համար։

## Appendix 2. Questionnaire (English version)

# Questionnaire to measure patient reported experience among cancer survivors in Yerevan Armenia.

Participant ID	
Interviewer ID	
Date (//2020)	
Start time:	End time:(24 hour format)
Type of cancer	

FURT	THER QUESTIONS RELATE TO THE	CARE RECEIVED FROM NURSES
1.	During this hospital stay, how often did nurses treat you with courtesy and respect?	1□ Never 2□ Sometimes 3□ Usually 4□ Always
2.	During this hospital stay, how often did nurses listen carefully to you?	1□ Never 2□ Sometimes 3□ Usually 4□ Always
3.	During this hospital stay, how often did nurses explain things in a way you could understand?	1□ Never 2□ Sometimes 3□ Usually 4□ Always
4. EUDTH	During this hospital stay, when you needed a help from nurses, how often did you get help as soon as you wanted it?	1□ Never 2□ Sometimes 3□ Usually 4□ Always
FURTHER QUESTIONS RELATE TO THE CARE RECEIVED FROM DOCTORS		

5.	During this hospital stay, how often did	1□ Never	
	doctors treat you with courtesy and respect?	2□ Sometimes	
		3□ Usually	
		4□ Always	
6.	During this hospital stay, how often did	1□ Never	
	doctors listen carefully to you?	2□ Sometimes	
		3□ Usually	
		4□ Always	
7.	During this hospital stay, how often did doctors explain things in a way you	1□ Never	
	could understand?	2□ Sometimes	
		3□ Usually	
		4□ Always	
	Further questions relate to the hospital environment		
8.	During this hospital stay, how often were your room and bathroom kept	1□ Never	
1	clean?	2□ Sometimes	
		3□ Usually	
		4□ Always	
9.	During this hospital stay, how often	1□ Never	
	was the area around your room quiet at night?	2□ Sometimes	
		3□ Usually	
		4□ Always	
FURT	THER QUESTIONS RELATE TO THE	EXPERIENCES IN THE HOSPITAL	
10.	During this hospital stay, did you need help from nurses or other hospital staff	1□ Yes 2□ No → If No, Go to Question 12	
	in getting to the bathroom or in using a bedpan?	2 II No. Go to Question 12	
11.	How often did you get help in getting to the bathroom or in using a bedpan as	1□ Never 2□ Sometimes	
	soon as you wanted?	3□ Usually	
		4□ Always	
		.—	

		5□ I did not appro	pach
12.	During this hospital stay, were you given any medicine that you had not taken before?	1□ Yes 2□No →If No, Go	o to Question 15
13.	Before giving you any new medicine, how often did hospital staff tell you what the medicine was for?	1□ Never 2□ Sometimes 3□ Usually 4□ Always	
14.	Before giving you any new medicine, how often did hospital staff describe possible side effects in a way you could understand?	1□ Never 2□ Sometimes 3□ Usually 4□ Always	
	QUESTIONS IS ABOUT PAIN DURIN		AL STAY
15.	During the time spend in the hospital were you bothered by pain from your	1□Yes	
	disease or surgery?	2□No	
16. Did your treating team help you deal		1□Yes	
	with this pain?	2□No	
FURT	THER QUESTION RELATES TO THE	OVERALL RATI	NG OF HOSPITAL
17.	using any number from 0 to 10, where 0 is the worst overall care experience	0 □ Worse possible	5 □ 6 □
	possible and 10 is the best overall care experience possible, what number	2 🗆	7 🗆
	would you use to rate your overall hospital services?	3 □	8 🗆
	1	4 🗆	9 □
			10□ Excellent
	THER QUESTIONS RELATE TO UND THE HOSPITAL	ERSTANDING YO	OUR CARE WHEN YOU
18.	When I left the hospital, I had a good understanding of the things I was	1□Strongly disagr	ree
	responsible for in managing my health.		
		4□Strongly agree	
19.	When I left the hospital, I clearly understood the purpose for taking each	1□Strongly disagr	ree

	of my medications.	2□ Disagree
		3□ Agree
		4□Strongly agree
		5□I was not given any medication when I left the hospital
FURTHER TEAM	QUESTIONS RELATE TO THE PRO	CESS OF CONTACTING YOUR SURGERY
20.	Since it was decided that you would	1□Yes, definitely
	have surgery, did your treating team encourage you to contact them with	2□Yes, somewhat
	questions between visits?	3□No
21.	Since it was decided that you would have the surgery, did your treating	1□Yes, definitely
	team tell you to call them immediately	2□Yes, somewhat
	if you have specific symptoms or side effects?	3□No
22.	Since it was decided that you would	1□Yes, definitely
have the surgery, did your treating team give you clear instructions about		2□Yes, somewhat
	how to contact them after regular office hours?	3□No
FURT CENT		YOUR CARE FROM THIS MEDICAL
23.	When you contacted this hospital to get	1□ Never
	an appointment for care you needed right away, how often did you get an	2□ Sometimes
	appointment as soon as you needed?	3□ Usually
		4□ Always
24.	Starting from the first referral to the	1□ Yes
	hospital, did you make any appointments for a check-up or routine	$2\square$ No $\rightarrow$ If No, go to
care at this hospital?	care at this hospital?	Question 26
25.	Starting from the first referral to the	1□ Never
	hospital, when you made an	2□ Sometimes
	appointment for a check-up or routine care at this hospital, how often did you	3□ Usually
	get an appointment as soon as you	

	needed?		4□ Always	
FURT	THER QUESTIONS REL	NATIONAL PR	OGRAM	
26. 27. 28.	Did hospital staff give yo about how to get financial Did you make any payme your surgical treatment (i "thank you" payments an To what degree surgical treatment caused financial problems your family? Where 0 medifficulties and 10 for several problems of the control of the co	ents during neluding d gifts)?  Treatment s for you and eans no	1□ Yes 2□No, but I wou 3□It was not ne 4□ Don't know	ıld have liked information
	difficulties.		1 □ 2 □ 3 □ 4 □	7 □ 8 □ 9 □ 10□ Caused severe difficulties
DEM	OGRAPHIC DATA			
29.	How old are you?			
30.	Please indicate your gender? (Do not read the question)		1□ Male 2□ Female	
31.	From which part of Armenia are you?	1 □ Yerevan 2 □ Aragatsotn 3 □ Ararat 4 □ Armavir	5 □ Gegharkunik 6 □ Kotayk 7 □ Lori 8 □ Shirak	9 □ Syunik  10 □ Tavush  11 □ Vayots Dzor
32.	What is the highest grade school that you have obta		1 □ School (less	than 10 years)

	only one	2 □School (10 years)
		3 □Professional technical education (10-13 years)
		4□University/Institute (14-16 years)
		5□ Postgraduate
33.	In general, how would you rate your overall mental or emotional health?	1□Excellent
	Choose only one	2□Very good
		3□Good
		4□Fair
		5□Poor
34.	In general, how would you rate your	1□Excellent
	overall health? Choose only one	2□Very good
		3□Good
		4□Fair
		5□Poor
35.	How many months before the initiation of the treatment you were diagnosed with the condition for what you underwent the surgery in the XX hospital?	(months)
36.	Besides the surgery, have you ever received any other types of treatments	1□Yes
	or services from this hospital related to the condition for which you underwent the surgery?	2□No
37.	Indicate the average monthly expenditures of your household in Armenian drams.	1□ Up to 50,000 AMD 2□ 50,001 - 100,000 AMD 3□ 100,001 - 200,000 AMD 4□ 200,001 - 300, 000 AMD 5□ Above 300,001 AMD 6□ I do not want to mention

## Appendix 3. Questionnaire (Armenian version)

## Հարցաշար - Քաղցկեղի հիվանդների շրջանում բուժառուների փորձառության գնահատում

Հարցազրուցավար ID	
Ամսաթիվ (//2020)	
Սկիզբ:	Ավարտ: (24 hour format
Մասնակցի ID	
Քաղցկեղի տեսակ	

ՀԱՋՈՐԴՈՂ ՀԱՐՑԵՐԸ ՎԵՐԱԲԵՐՎՈՒՄ ԵՆ ԲՈՒԺՔՈՒՅՐԵՐԻ ԿՈՂՄԻՑ ՄԱՑՈՒՑՎԱԾ ԾԱՌԱՅՈՒԹՅՈՒՆՆԵՐԻՆ			
1	Հիվանդանոցում գտնվելիս ինչքա՞ն հաճախ է բուժքույրի վերաբերմունքը եղել սիրալիր և հարգալից։	1□ Երբեք 2□ Հազվադեպ 3□ Սովորաբար 4□ Միշտ	
2	≺իվանդանոցում գտնվելիս ինչքա՞ն հաճախ են բուժքույրերը ուշադրությամբ լսել Ձեզ։	1□ Երբեք 2□ Երբեմն 3□ Սովորաբար 4□ Միշտ	
3	<իվանդանոցում գտնվելիս ինչքա՞ն հաճախ են բուժքույրերը բացատրել Ձեզ տարբեր խնդիրներ այնպես, որ Դուք լիարժեք հասկանաք։	1□ Երբեք 2□ Հազվադեպ 3□ Սովորաբար 4□ Միշտ	
4	<րվանդանոցում գտնվելիս ինչքա՞ն հաճախ եք օգնություն ստացել բուժքույրերից օգնություն խնդրելուց անմիջապես հետո։	1□ Երբեք 2□ Հազվադեպ 3□ Սովորաբար 4□ Միշտ	

	Ղ ՀԱՐՑԵՐԸ ՎԵՐԱԲԵՐՎՈՒՄ ԵՆ ԲԺԻՇԿՆԵ ԴԺՅՈՒՆՆԵՐ	ՐԻ ԿՈՂՄԻՑ ՄԱՏՈ <b>ԻՑՎԱԾ</b>
5	Հիվանդանոցում գտնվելու ժամանակ ինչքա՞ն	1□ Երբեք
	հաճախ են բժիշկները Ձեզ վերաբերվել սիրալիր և հարգալից։	2□ Հազվադեպ
		3□ Սովորաբար
		4□ Միշա
6	Հիվանդանոցում գտնվելու ժամանակ ինչքա՞ն	1□ Երբեք
	իանախ են բժիշկները ուշադրությամբ լսել Ձեզ։	2□ Հազվադեպ
		3□ Սովորաբար
		4□ Միշտ
7	Հիվանդանոցում գտնվելու ժամանակ ինչքա՞ն	1□ Երբեք
	հաճախ են բժիշկները բացատրել Ձեզ տարբեր խնդիրներ այնպես, որ Դուք լիարժեք	2□ Հազվադեպ
	հասկանաք։	3□ Սովորաբար
		4□ Միշտ
ՀԱՋՈՐԴՈ	ող ՀԱՐՑԵՐԸ ՎԵՐԱԲԵՐՎՈ <b>ԻՄ ԵՆ ՀՒՎԱՆ</b> ԴԱ	ՆՈՑԱՅԻՆ ՄԻՋԱՎԱՅՐ
8	Հիվանդանոցում գտնվելու ժամանակ ի՞նքան հաճախ է սենյակը և լոգարանը մաքուր եղել։	1□ Երբեք
		2□ Հազվադեպ
		3□ Սովորաբար
		4□ Միշտ
9	≺իվանդանոցում գտնվելու ժամանակ գիշերային ժամերին ինչքա՞ն հաճախ է սենյակի	1□ Երբեք
	մոտակայքը աղմկոտ եղել :	2□ Երբեմն
		3□ Սովորաբար
		4□ Միշտ
ՀԱՋՈՐԴՈ	Ղ ՀԱՐՑԵՐԸ ՎԵՐԱԲԵՐՎՈՒՄ ԵՆ ՓՈՐՁԱՌԱ	IԹՅՈԻՆԸ ՀՒՎԱՆԴԱՆՈՑՈՒՄ
10	<իվանդանոցում գտնվելու ժամանակ արդյո՞ք կարիք եք ունեցել, որ Ձեզ օժանդակեն զուգարան գնալիս կամ միզանոթ օգտագործելիս։	1□ Այո 2□ Ոչ→ եթե Ոչ անցնել հարց 12
11	Ի՞նչ հաճախականությամբ եք ստացել	1□ Երբեք
	օգնություն զուգարան գնալիս կամ միզանոթ օգտագործելիս անմիջապես բուժանձնակազմին դիմելուց հետո։	2□ Հազվադեպ

		3□ Սովորաբար	
		4□ Միշտ	
		5□ Չեմ դիմել	
12	Հիվանդանոցում գտնվելիս, արդյո՞ք ստացել եք Ձեր համար անծանոթ դեղամիջոցներ։	1□ Այո 2□ Ոչ <b>→</b> եթե Ոչ	անցնել հարց 15
13	Յանկացած տեսակի նոր դեղամիջոց ստանալուց առաջ, ի՞նչ հաճախականությամբ է	1□ Երբեք	
	բուժող թիմը ասել, թե ինչի համար է	2□ Հազվադեպ	
	նախատեսված դեղամիջոցը։	3□ Սովորաբար	
		4□ Միշտ	
14	Ցանկացած տեսակի նոր դեղամիջոց	1□ Երբեք	
	ստանալուց առաջ, ի՞նչ հաճախականությամբ է բուժող թիմը զգուշացրել Ձեզ հնարավոր	2□ Հազվադեպ	
	կողմնակի ազդեցությունների մասին։	3□ Սովորաբար	
		4□ Միշտ	
่<นูงกษาก	։ ԻՂ ՀԱՐՑԵՐԸ ՎԵՐԱԲԵՐՎՈՒՄ ԵՆ ՀԱՐՑԵՐ Ց	ԱՎԻ ՄԱՍԻՆ	
15	≺իվանդանոցում գտնվելիս ունեցե՞լ եք ցավեր	1□Ujn	
	կապված Ձեր հիվանդության կամ վիրահատության հետ։	2□Ոչ	
16	Արդյո՞ք Ձեզ բուժող թիմը օգնել է հաղթահարել	1□Ujn	
	ցավը։	2□∩չ	
ՀԱՋՈՐԴՈ	Ղ ՀԱՐՑԵՐԸ ՎԵՐԱԲԵՐՎՈՒՄ ԵՆ ԸՆԴՀԱՆՈ	<b>ԻՐ ՀԻՎԱՆԴԱՆ</b>	ՈՑԻ ԳՆԱՀԱՏՈՒՄ
17	Գնահատեք Ձեզ <b>տրամադրված</b>	0 □ Հնարավոր	6 □
	<b>հիվանդանոցային ծառայությունների</b> <b>որակը</b> , որտեղ 0-ն հնարավոր ամենավատ, իսկ	ամենավատ	7 🗖
	10-ը հնարավոր ամենալավ գնահատականն է։	1 □ 2 □	8 🗆
		3 □	9 □
		4 🗆	10□ Հնարավոր
		5 🗆	ամենալավ
ՀԱՋՈՐԴՈ	։ ԻՂ ՀԱՐՑԵՐԸ ՎԵՐԱԲԵՐՎՈՒՄ ԵՆ ԽՆԱՄՔ Հ	ԻՎԱՆԴԱՆՈՑԸ	<b>Ր</b> ԵՐՍԻՑ ՀԲՑՍ
Կխնդրեմ ւ համաձայն	պատասխանել լիովին համաձայն չեմ, համաձա ւ եմ	յն չեմ, համաձայ	ն եմ, լիովին

19	Հիվանդանոցը լքելիս, Դուք հստակ պատկերացրել եք այն գործողությունները որոնք անհրաժեշտ են Ձեր առողջությունը պահպանելու համար։ Հիվանդանոցը լքելիս, Դուք հստակ հասկացել եք յուրաքանչյուր դեղամիջոց ընդունելու նպատակը։	1□Ընդհանրապես համաձայն չեմ 2□ Համաձայն չեմ 3□ Համաձայն եմ 4□ Լիովին համաձայն եմ 1□Ընդհանրապես համաձայն չեմ 2□ Համաձայն չեմ 3□ Համաձայն եմ 4□ Լիովին համաձայն եմ 5□ Ինձ չեն նշանակել դեղորայք	
		դուրսգումից հետո	
ՀԱՋՈՐԴՈ ՀԱՐՑԵՐ	Ղ ՀԱՐՑԵՐԸ ՎԵՐԱԲԵՐՎՈՒՄ ԵՆ ԲՈՒԺՈՂ Թ	ԻՄԻՆ ԴԻՄԵԼԻՈԻԹՅԱՆ ՄԱՍԻՆ	
20	Սրդյո՞ք Ձեզ բուժող թիմը խրախուսել է հարցեր ունենալու պարագայում կապ	1□Այո, իհարկե	
	հաստատել իրենց հետ մինչ հաջորդ	2□ Այո, մասամբ	
	այցելությունը։	3□Ωչ	
21	անմիջապես զանգահարել, եթե ունեք բնորոշ սիմպտոմներ կամ կողմնակի	1□Այո, իհարկե	
		2□ Այո, մասամբ	
		3□Ωչ	
22	Արդյո՞ք Ձեզ բուժող թիմը տվել է Ձեզ հստակ	1□Այո, իհարկե	
	ցուցումներ, ինչպես կապնվել իրենց հետ աշխատանքային ժամերից դուրս։	2□ Այո, մասամբ	
		3□∩չ	
ՀԱՋՈՐԴՈՂ ՀԱՐՑԵՐԸ ՎԵՐԱԲԵՐՎՈՒՄ ԵՆ ՀԱՐՑԵՐ ԲՈՒԺՄԱՆ ԸՆԹԱՑՔԻ ՎԵՐԱԲԵՐՅԱԼ			
23	Երբ Դուք կապնվել եք հիվանդանոցի հետ	1□ Երբեք	
	վիրահատության գրանցվելու նպատակով, ի՞նչ հաճախականությամբ եք ստացել այդ այցելությունը այնքան արագ, որքան ցանկանում էիք։	2□ Հազվադեպ	
		3□ Սովորաբար	
		4□ Միշտ	
24	Վիրահատությունից հետո, արդյո՞ք ունեցել եք այցելություններ նույն հիվանդանոցում	1□Ujn	
	հերթական ստուգումներ կատարելու	2□Ոչ →եթե Ոչ անցնել հարց 26	

	նպատակով։			
25	Հերթական ստուգումներ անցնելիս, ի՞նչ հաճախականությամբ եք ստացել այդ այցելությունը այնքան արագ որքան ցանկանում էիք։	1□ Երբեք		
		2□ Հազվադեպ		
		3□ Սովորաբար		
		4□ Միշտ		
	ՀԱՋՈՐԴՈՂ ՀԱՐՑԵՐԸ ՎԵՐԱԲԵՐՎՈՒՄ ԵՆ ՀԱՐՑԵՐ ԱԶԳԱՅԻՆ ԾՐԱԳՐԻ ՎԵՐԱԲԵՐՅԱԼ			
26	Արդյո՞ք հիվանդանոցի անձնակազմը տրամադրել է Ձեզ ինֆորմացիա, թե ինչպես ստանալ ֆինանսական աջակցություն։	1□ Ujn		
		2□Ոչ, բայց ես կցանկանայի ունենալ		
		3□Կարիք չկար		
		4□ Չգիտեմ		
27	Դուք կատարել եք որևէ վճարում վիրահատական բուժման ընթացքում	1□Այո, խնդրում եմ մանրամասնեք ինչքան գումար եք վճարել		
	(ներարյայ մագարիչ կամ նվեր)։		շ¤ոչ	
		20112		
28	Ինչքանո՞վ է բուժումը առաջացրել	0 🗆	6 □	
	ֆինանսական խնդիրներ Ձեր և Ձեր ընտանիքի համար, որտեղ 0 ընդհանրապես չի առաջացրել ֆինանսական բարդություն, իսկ 10 առաջացրել է ծանր ֆինանսական խնդիրներ։	Ընդհանրապես չի առաջացրել	7 🗆	
		1 □ 2 □	8 🗆	
			9 🗆	
		3 🗆	10□ Առաջացրել է	
		4 □	ծանր ֆինանսական խնդիրներ	
		5 🗆		

ԴԵՄՈԳՐԱՖԻԿ ՑՎՅԱԼՆԵՐ				
29	Ձեր տարի՞քը		տար	ոեկան
30	Ձեր սեռը		1□ Արական	2□ Իգական
	(Չկարդալ հարցը)			
31	Հայաստանի ո՞ր տարածաշրջանից	1 □ Երևան	5 🗆 Գեղարքունիք	9 🗆 Սյունիք
	եք։	2 🗆 Արագածոտն	6 🗆 Կոտայք	10 🏻 Տավուշ
		3 🗆 Արարատ	7 □Լոռի	11 🗆 Վայոց

		4 🗆 Արմավիր 8 🗆 Շիրակ Ձոր		
32	32 Նշեք Ձեր ստացած կրթության ամենաբարձր աստիճանը։ Ընտրեք միայն մեկը։		1□ Դպրոց (մինչև 10 տարի)	
			2□Դպրոց (10 տարի և ավելի)	
			3□ Միջին մասնագիտական կրթություն (10-13 տարի)	
			4□Ինստիտուտ/hամալսարան	
			(14-16 տարի)	
			5□Հետբուհական	
33	Ինչպե՞ս կգնահատեք Ձեր ընդհանուլ		1□ Շատ լավ	
	վիճակը վիրահատությունից հետո։ Ը	ստրեք սրայս սեկը։	2□ Լավ	
			3□Քավարար	
			4□Վատ	
			5□Շատ վատ	
34	Ինչպե՞ս ներկայումս կգնահատեք Ձե		1 ြ Շատ լավ	
	առողջական վիճակը։ Ընտրեք միայն	մեկը:	2□ Լավ	
			3□Քավարար	
			4 <b>□</b> Վատ	
			5□Շատ վատ	
35	Քուժումը սկսելուց քանի՞ ամիս առաչ այն հիվանդությունը, որի համար վիր		(ամիս)	
36	Բացի վիրահատությունից, ստացել ե՛	՛ք այլ տեսակի	1□Ujn	
	բուժում նույն հիվանդանոցում։		2□∩չ	
	X 5 215 5 1 21 5 5 1 1 M	1.5	4 <b>7</b> xm 5 1	
37	Խնդրում ենք նշել Ձեր ընտանիքի մի ծախսերը (դրամ)։	ջին ամսական	1□ Մինչեւ 50,000 դրամ 2□ 50,001 - 100,000 դրամ 3□ 100,001 - 200,000 դրամ	
			4□ 200,001 - 300,000 դրամ 5□ 300,001 դրամից բարձր 6□ Չեմ ցանկանում պատասխանել	

# Appendix 4. Letter of IRB approval from the Institutional Review Board of American University of Armenia



February 19, 2020

PRINCIPAL INVESTIGATOR: Lusine Abrahamyan, MD, MPH, PhD CO-INVESTIGATOR(S): Michael E. Thompson, DrPH, MS; Yeva Sahakyan MD, MPH, MSc STUDENT INVESTIGATOR(S): Meri Sahakyan, DMD

TITLE: Evaluation of Patient Reported Experiences among cancer survivors in two public hospitals before and after the changes in reimbursement policy in Yerevan, Armenia.

PROTOCOL #: AUA-2020-003

Via Email: <a href="mailto:labrahamyan@aua.am">labrahamyan@aua.am</a>; <a href="mailto:meri\_sahakyan@edu.aua.am">meri\_sahakyan@edu.aua.am</a>

Dear Dr. Abrahamyan and Ms. Sahakyan,

The above referenced protocol was reviewed and approved by the Chair of the Institutional Review Board of the American University of Armenia using the expedited procedure set forth in 45 CFR 46.110, category 6,7, on February 19, 2020. This study will be due for continuing review on or before February 19, 2021. Annual continuing reviews will be required for this proposal. The proposed study can proceed as it is approved by the AUA IRB. However, please note, the IRB must be kept apprised of any and all changes in the research that may have an impact on the level and type of IRB review needed for a specific proposal. You are required to notify the AUA IRB if any changes are proposed in the study that might alter its IRB status and consent procedures. New procedures that may have an impact on the risk-to-benefit ratio cannot be initiated until IRB approval has been given. Please retain this letter as documentation of the IRB's determination regarding your proposal. Please contact me, at <a href="mailto:vkhachadourian@aua.am">vkhachadourian@aua.am</a> with a copy to <a href="mailto:auairb@aua.am">auairb@aua.am</a>, should you have any questions about the information in this letter. Thank you.

Sincerely,

Vahe Khachadourian, MD, MPH, PhD

Chair, AUA IRB

Assistant Professor, Turpanjian School of Public Health, AUA

40 Marshal Baghramyan Ave., Yerevan, 0019, RA Phone: (+374 60) 61 25 92 (+374 60) 61 40 40

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The American University of Armenia is accredited by the WASC Senior College and University Commission, 985 Atlantic Avenue, #100. Alameda, CA 94501, 510.748,9001.

### **Appendix 5. Oral consent form (English version)**

#### **American University of Armenia**

#### **Turpanjian School of Public Health**

#### **Institutional Review Board #1**

#### Oral consent form

Hi. My name is Meri. I am a graduate student at the Turpanjian School of Public Health at the American University of Armenia. In collaboration with the Ministry of Health I am conducting a study in the scope of my thesis project, to investigate the patient experience related to treatment received in the Qanaqer hospital (National Oncological Center) / St Grigor Lusavorich Medical center.

(For the interviewer) I am from the American University of Armenia. My name is \_\_\_\_\_\_. In collaboration with the Ministry of Health a research is being carried out, which aims to investigate the patient experience related to treatment received in the Qanaqer hospital (National Oncological Center) / St Grigor Lusavorich Medical center.

The research is conducted among 348 patients who received treatment in the period from October 2018 to March 2019. You are invited to participate in this study, as you received the surgical treatment at Qanaqer hospital (National Oncological Center)/ St Grigor Lusavorich Medical center in 2019. The contact information was provided by the Ministry of Health. Your participation in this study will involve only the current telephone interview that will last 10-15 minutes and help to identify different aspects of your experience in the hospital. I would like to ask you to participate in this study to share some additional details about your experience.

Your participation is voluntary, and your decision to participate or refuse to participate will not have any undesirable consequences. You may skip any question you prefer not to answer and you may stop the interview any time without any undesirable consequences for you. Participation in the study will not have a negative impact on you.

Your participation is important for the study. There is no direct benefit for the participation, but the information provided by you and obtained from you contribute to the improvement of health services provided in the hospitals. The collected information will not harm either doctors, nurses or other medical staff.

The information received from you is fully confidential and will be used only for study purposes. No identifiable information will appear on the questionnaire and the final report. Your contact information will be destroyed immediately after completing the data collection.

If you have any questions regarding this study, you can contact the Assistant Professor of the Gerald and Patricia Turpanjian School of Public Health, Vahe Khachadouryan at (060) 612570. If you think you have been hurt by participating in the study or feel you have not been treated fairly you can contact the American University of Armenia Human Protections Administrator, Varduhi Hayrumyan at (060) 61 25 61.

Do you agree to participate?

Thank you.

#### **Appendix 6. Oral consent form (Armenian version)**

# Հայաստանի ամերիկյան համալասարան Թրփանճեան Հանրային առողջապահության ֆակուլտետ Գիտահետազոտական Էթիկայի թիվ 1 հանձնաժողով

#### Իրազեկ համաձայնության ձև

Բարև Ձեզ։ Իմ անունը Մերի է։ Ես Հայաստանի ամերիկյան համալսարանի Հանրային առողջապահության ֆակուլտետի ավարտական կուրսի ուսանող եմ։ Մենք Առողջապահության Նախարարության հետ համատեղ իմ թեզի շրջանականերում իրականացնում ենք հարցում, որի նպատակն է գնահատել պացիենտների փորձառությունը Քանաքեռի հիվանդանոցում ( Ազգային Օնկոկոլոգիական Կենտրոն) / Սուրբ Գրիգոր Լուսավորիչ հիվանդանոցում բուժծառայություններ ստանալիս։

(Հարցազրուցավարի համար) Ես Հայաստանի ամերիկյան համալսարանի Առողջապահական ծառայությունների հետազոտման և զարգացման կենտրոնից եմ։ Իմ անունն \_\_\_\_ է։ Մենք Առողջապահության Նախարարության հետ համատեղ իրականացնում ենք հարցում, որի նպատակն է գնահատել բուժառուների փորձառությունը Քանաքեռի հիվանդանոցում / Սուրբ Գրիգոր Լուսավորիչ հիվանդանոցում բուժծառայություններ ստանալիս։

Հետազոտությունը իրականացվում է այն 348 պացիենտների շրջանում, ովքեր բուժում են ստացել վերոնշյալ բժշկական կենտրոնում 2018 հոկտեմբերից մինչև 2019 թվականի մարտ ամիսը։

Դուք իրավիրված եք մասնակցել այս հետազոտությանը, քանի որ բուժում եք ստացել Քանաքեռի հիվանդանոցում/ Սուրբ Գրիգոր Լուսավորիչ հիվանդանոցում։ Ձեր հեռախոսահամարը տրամադրել է Առողջապահության Նախարարությունը։ Ձեր մասնակցությունը այս հարցմանը սահմանափակվում է միայն այս հեռախոսային հարցազրույցով, որը կտևի 10-15 րոպե։ Ես կխնդրեի Ձեզ մասնակցել այս հարցմանը և ավելի մանրամասն պատմել Ձեր փորձառության մասին։

Հարցմանը մասնակցությունը կամավոր է և Ձեր մասնակցությունը կամ դրանից հրաժարվելու որոշումը չի ունենա որև է անցանկալի հետևանքներ։ Դուք կարող եք բաց թողնել ցանկացած հարց, որին գերադասում եք չպատասխանել և դադարեցնել հարցազրույցը ցանկացած պահի առանց որև է անցանկալի հետևանքների։ Հարցմանը մասնակցելը բացասական հետևանք չի ունենա Ձեզ համար։

Ձեր մասնակցությունը կարևոր է հետազոտության համար։ Ձեր մասնակցությունը չի ենթադրում անմիջական շահ Ձեզ համար, բայց Ձեր տրամադրած տվյալները կօգնեն բարելավել հիվանդանոցներում տրամադրվող ծառայությունների որակը։ Հավաքագրված ինֆորմացիան չի օգտագործվելու ի վնաս բժիշկների, բուժքույրերի և այլ բժշկական անձնակազմի։

Ձեր կողմից տրամադրված տվյալները ամբողջովին գաղտնի են պահվելու և օգտագործվելու են միայն հետազոտության նպատակով։ Ձեր անձը բացահայտող որևէ ինֆորմացիա չի նշվելու հարցաթերթիկում և վերջնական զեկույցում։ Ձեր կոնտակտային տվյալները կոչնչացվեն անմիջապես տվյալների հավաքագրումից հետո։

Այս հետազոտության վերաբերյալ հարցեր ունենալու դեպքում կարող եք կապ հաստատել Հայաստանի ամերիկյան համալսարանի Հանրային առողջապահության ֆակուլտետի դոցենտ՝ Վահե Խաչադուրյանի հետ, հետևյալ հեռախոսահամարով ՝ (060) 612570։ Եթե Դուք կարծում եք, որ հետազոտությանը Ձեր մասնակցությունը Ձեզ վնաս է պատճառել կամ Ձեզ լավ չեն վերաբերվել, կարող եք կապ հաստատել Հայաստանի ամերիկյան համալսարանի էթիկայի հանձնաժողովի համակարգող, Վարդուհի Հայրումյանի հետ, հետևյալ հեռախոսահամարով՝ (060) 61 25 61.

Համաձա՞յն եք մասնակցել։

Ծնորհակալություն։

### **Appendix 7. Journal Form**

Inter	viewer ID	
Date	//	_

Patient ID	Attempt 1	Attempt 2	Attempt 3

- 1. Complete response (Interviewee completed the interview)
- 2. Not complete response (Interviewee did not completed the interview)
- 3. Do not agreed to participate in the interview (reason specify \_\_\_\_\_\_)
- 4. Dis not answered to the phone call
- 5. Busy number
- 6. Call later
- 7. Not eligible (number is wrong, or other reason specify\_\_\_\_\_)
- 8. Patient is not alive anymore.