

Clinic

## SPORT AND HEALTH NEEDS ASSESSMENT SURVEY RESULTS

117 (84%) AUA employees answered on the questions on sport and health insurance.

AUA staff age distribution:

Young	Middle	Aged
48%	38%	13.8%

Health self-assessment:

Excellent	Good	Fair	Unfair	Poor
17,1%	46,2%	35.9%	0,9%	0.9%

Participation in some sport activities at present:

Yes	No
29,3%	70,7%

76% of interviewers are willing to participate in some sport activities in future.

Number of people willing to participate in different sport activities (%):

Swim ming	Tennis	Table tennis	Tourism	Basket ball	Aerobics	Athleth ism	Football	Volley ball	Karate	Gymnastics
56.20%	37.10%	36.4%	31.50%	25.80%	23.60%	22.50%	21.35%	19.10%	16.90%	7.90%

The most popular sport in AUA is swimming, then table-tennis, tennis, tourism, basketball, aerobics, athlethism, football, volleyball, and others.

81% of interviewers are willing to participate in sport activities all year round.  
70.2% prefer to have sessions 3 times a week, 21.4% - 1 times, and only 6%-  
every day.

Morning hours for sport activities are convenient to 32.9%, whereas evening  
hours are acceptable by 52.4%.

Affordable monthly payment for sport activities :

250-500	600-900	1000-1900	2000-2900	3000-4000
27,3%	23.9%	30,7%	6.8%	10.2%

86% of interviewers are ready to participate in health insurance program, which would include ambulatory tests ( ECG, blood and urine sampling), specialized consulting, X-ray, or sonography according to the medical indications, and emergency services in the case of acute toothache.

250-500	600-900	1000-1900	2000-2900	3000-4000
41.3%	19.3%	18.3%	8.3%	4.6%